

BERNAT

Handicrafter

SOCKS AND ACCESSORIES

BOOK NO. 36 50¢



HINTS FOR BETTER KNITTING

STITCH GAUGE

The term "STITCH GAUGE" is the most important part of any knitting directions, since the sizing of all knitted garments is planned on this gauge. You **MUST** work to the gauge which is given or your finished work will not be the size indicated in the directions.

TO CHECK STITCH GAUGE

Cast on approximately 20 sts, using the yarn and needles which will be used for the body of your work. Work in the pattern st specified for 3 inches. Bind off all sts. Block this knitted swatch and then, using a ruler as a guide, count the number of sts to 1 inch. If your stitch gauge is more sts to 1 inch than that given in the directions, use the next size larger needle and again check your gauge. If your stitch gauge is less sts to 1 inch than that given in the directions, try the next size smaller needle and again check your gauge. The **IMPORTANT THING** to remember is that the size needle used does not matter as long as your stitch gauge is correct.

GARTER STITCH

Knit every row on straight needles. K 1 round, P 1 round on d p needles. It will take two rows or rounds to make 1 ridge.

STOCKINETTE STITCH

K 1 row, P 1 row alternately when working on straight needles. When working round and round on a circular needle or double point needles, knit every round.

SEED STITCH

On the first row * K 1, P 1, repeat from * to end of row. On all subsequent rows K over the P st and P over the K st.

TO SLIP A STITCH

Whenever the directions specify a sl st, always insert the right hand needle in the st to be slipped as if to P, unless otherwise directed.

MARKERS

When work specifies the use of a marker, use small round paper clips or plastic markers for this purpose. In working always slip this marker from one needle to the other.

JOINING YARN

If possible, always join a new ball of yarn at the beginning of a row. When it is necessary to join yarn while working across a row, leave an end about 4 inches long; then work from the new ball of yarn on the next st, also leaving a 4 inch end. After working for 1 inch more, tie these two ends in a square knot, so that the tension will be the same as all the other sts. When finishing work, run in these ends on wrong side of work for 1 inch.

KNIT-IN DESIGNS

When changing colors, always hold the color which has just been worked to the left and pick up the new color from underneath. This twists colors so there are no holes.

TO WEAVE STITCHES

Thread a tapestry needle with end of yarn. Holding two needles together, wrong sides touching, * insert tapestry needle as if to K into first st of front needle, draw yarn through this st and slip the st off the knitting needle; insert tapestry needle as if to P into second st of front needle, draw yarn through this st and let st remain on knitting needle; insert tapestry needle as if to P into first st of back needle, draw yarn through this st and slip this st off the knitting needle; insert tapestry needle as if to K into second st of back needle, draw yarn through this st and let st remain on needle; repeat from * until all sts have been worked off knitting needles. Draw all sts up to same tension as knitted sts. Fasten off.

ABBREVIATIONS

K	knit
P	purl
st(s)	stitch(es)
inc.	increase
dec.	decrease
y o	yarn over
sl	slip
sl st	slip stitch
pssso	pass slip st over knit stitch
d p	double point
ch	chain
s c	single crochet

* — this symbol indicates that the directions immediately following are to be repeated a given number of times.

"Work even" means to work without increasing or decreasing, always keeping pattern stitch as established.

INTERCHANGEABLE YARNS FOR SOCKS

YARN	SUGGESTED NEEDLES	STITCH GAUGE
GROUP 1		
BERNAT GLENSPUN (1 oz. pull skeins)	No. 2	8 sts = 1 inch 12 rows = 1 inch
BERNAT LAMBSWOOL (½ oz. pull skeins)	No. 2	
BERNAT NYLON (1 oz. pull skeins)	No. 2	
BERNAT CASHMERE LAINE (½ oz. pull skeins)	No. 2	
BERNAT MEADOWSPUN (1 oz. pull skeins)	No. 2	

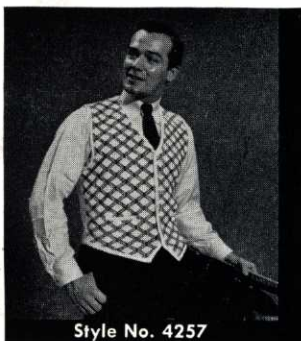
BERNAT

Handicrafter

BOOK NO. 36

JULIA BROWNELL TRAPHAGEN, Editor
CARLEEN GOLDSMITH, Associate Editor

*Diamond Vest
and Socks*



Style No. 4257



Style No. 4257

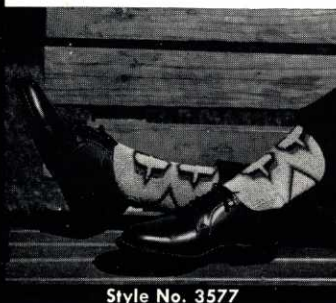
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Style No. 3607



Style No. 3666



Style No. 3577

*Geometric
Designs*



Style No. 3673



Style No. 3646



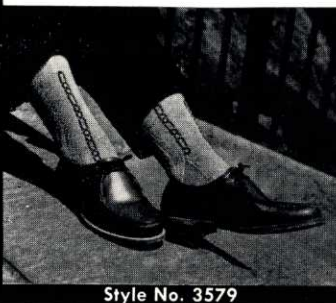
Style No. 3608

*Conversation
Socks*

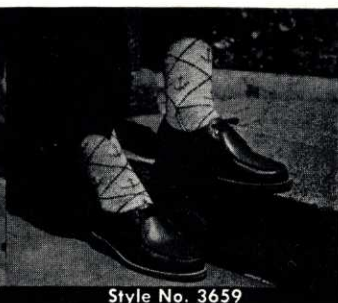
*For the more
Conservative Man*



Style No. 3634



Style No. 3579



Style No. 3659

EVERY EFFORT HAS BEEN MADE TO HAVE THE KNITTING DIRECTIONS CONTAINED IN THIS BOOK ACCURATE AND COMPLETE. HOWEVER, WE CANNOT BE RESPONSIBLE FOR VARIANCE OF INDIVIDUAL KNITTERS, HUMAN ERRORS, OR TYPOGRAPHICAL MISTAKES

Price: 50¢ in continental U. S. A., 75¢ in Canada, 75¢ in other countries

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Style No. 3554

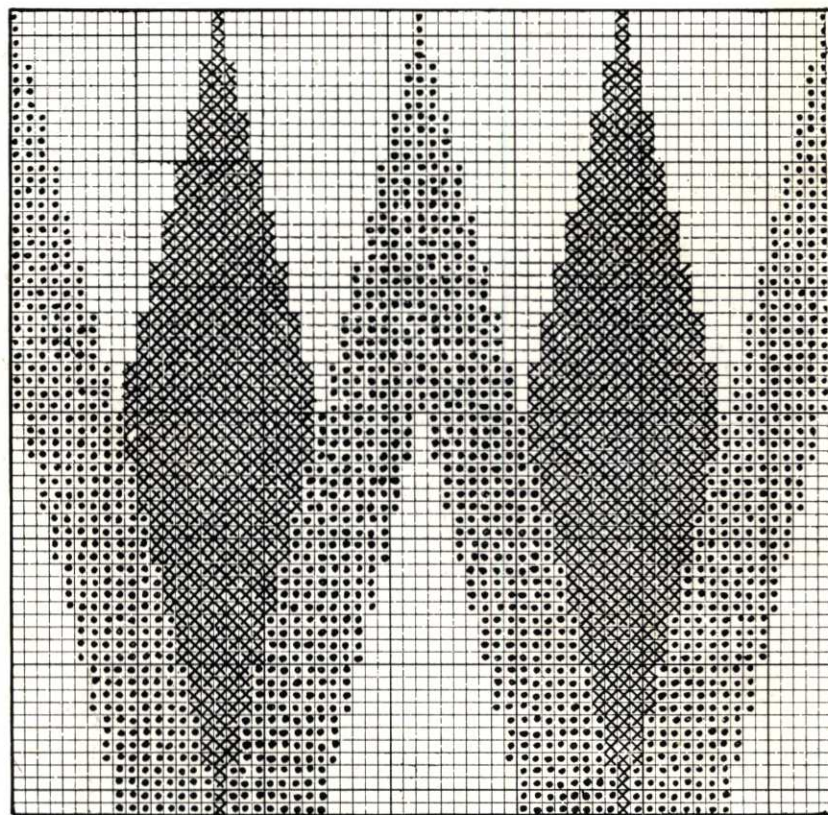
MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 2 Gray Mix (M C); 1 each Oxford
 (Color A) and Scarlet (Color B)
 1 pair each straight knitting needles Nos.
 1 and 2
 1 set d p needles No. 2
 Bobbins

GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and N C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches, inc 1 st at end of last row. Change to No. 2 straight needles and, following chart, work design in stockinette st until chart is completed. Then work 8 rows in M C stockinette st, dec 1 st at end of last row. **HEEL AND FOOT:** Follow directions B on page 48.



□ = Main Color

• = Color A

X = Color B

Style No. 3555



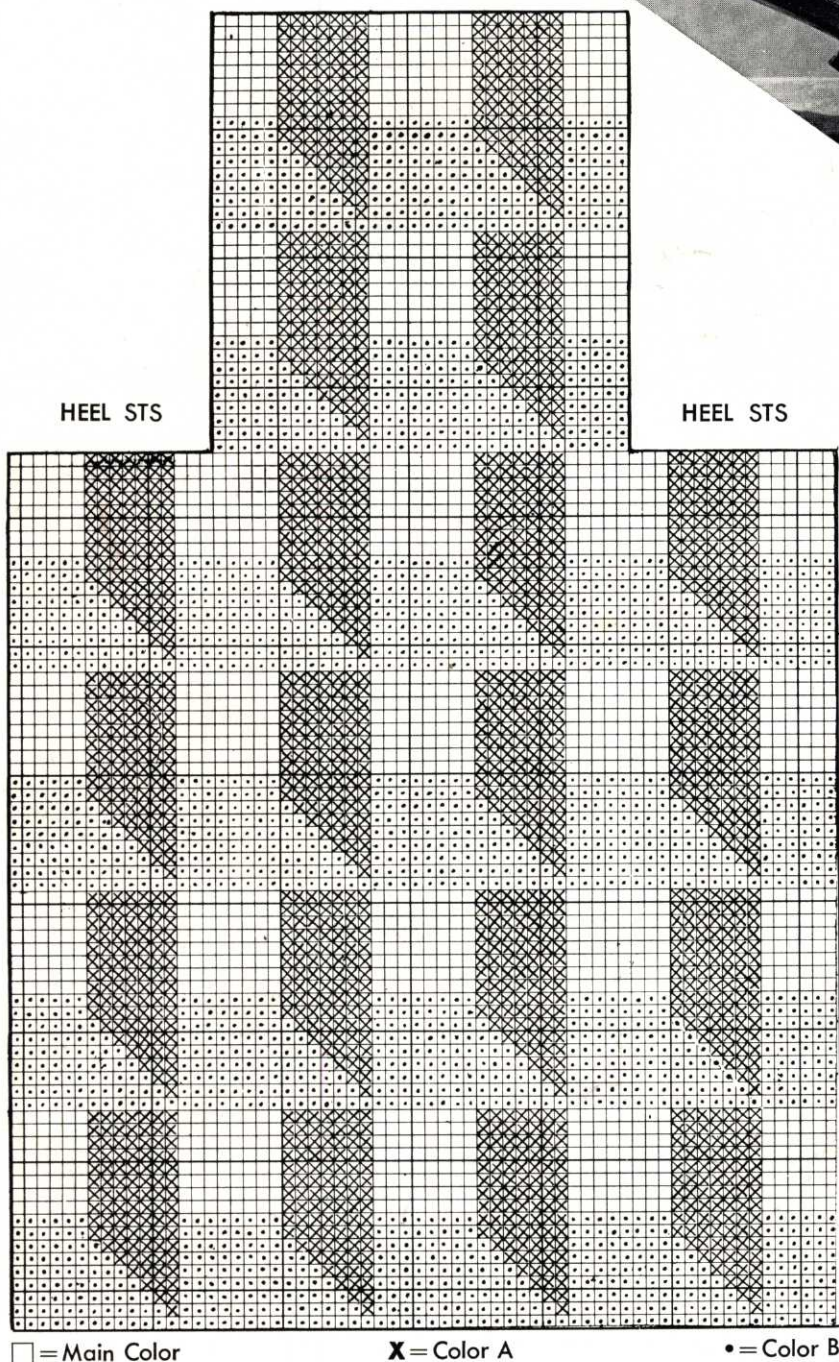
MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 2 Beige Mix (M C); 1 each Brown
 (Color A) and Tan (Color B)
 1 pair each straight knitting needles Nos.
 1 and 2
 1 set d p needles No. 2
 Bobbins

GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 68 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3556

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray (M C); 1 each Black (Color B)
and Scarlet (Color A)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

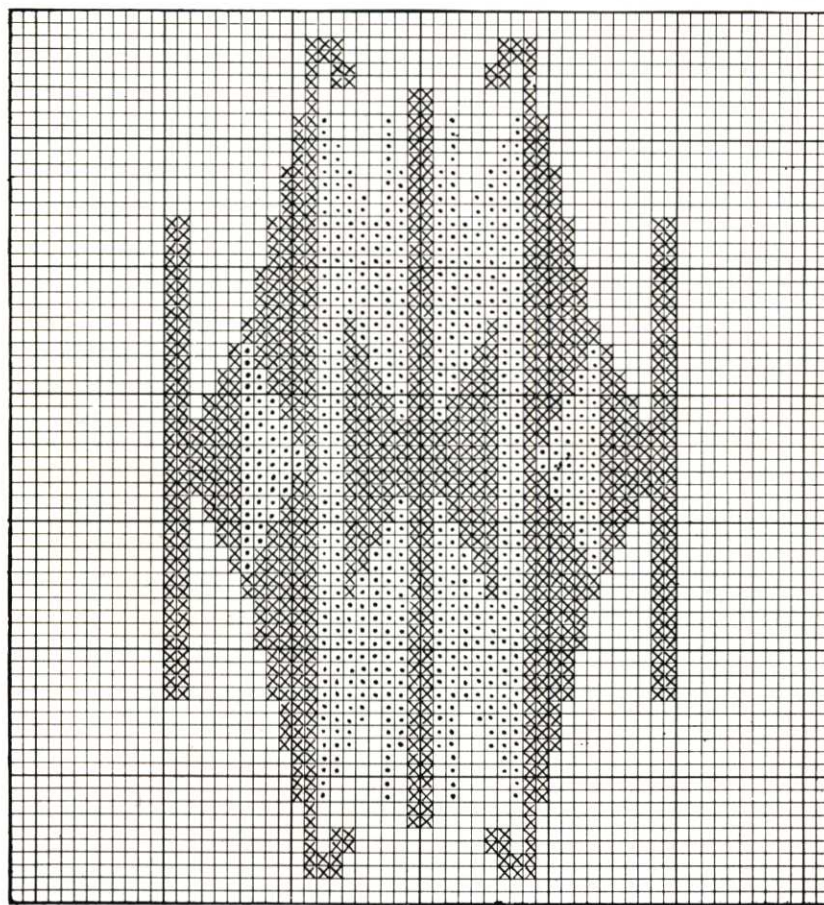
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until chart is completed. Then work 2 rows in M C stockinette st. **HEEL AND FOOT:** Follow directions B on page 48.



□ = Main Color

• = Color A

X = Color B

Style No. 3644

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Black (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 2 White (Color A); 1 Aqua
(Color B)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

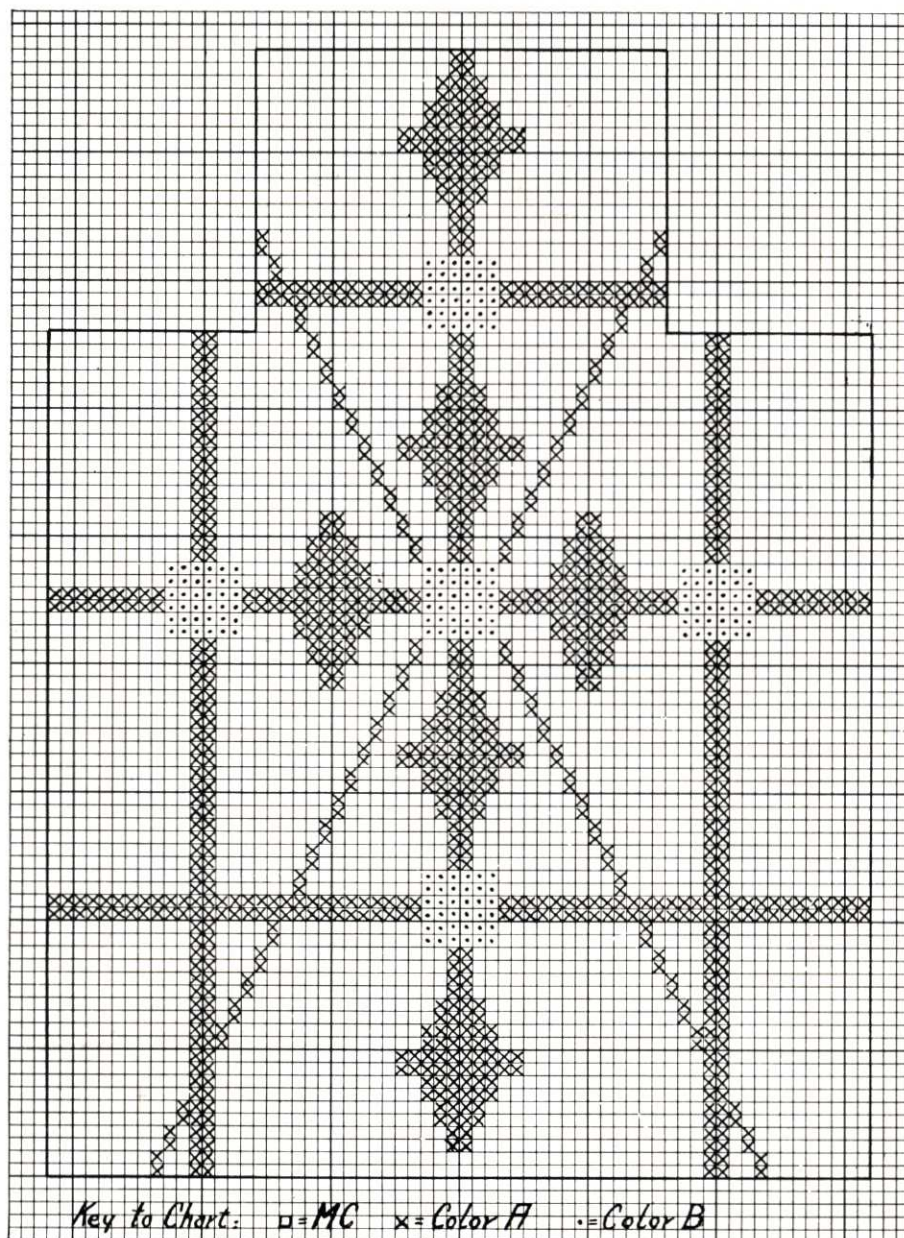
Bobbins

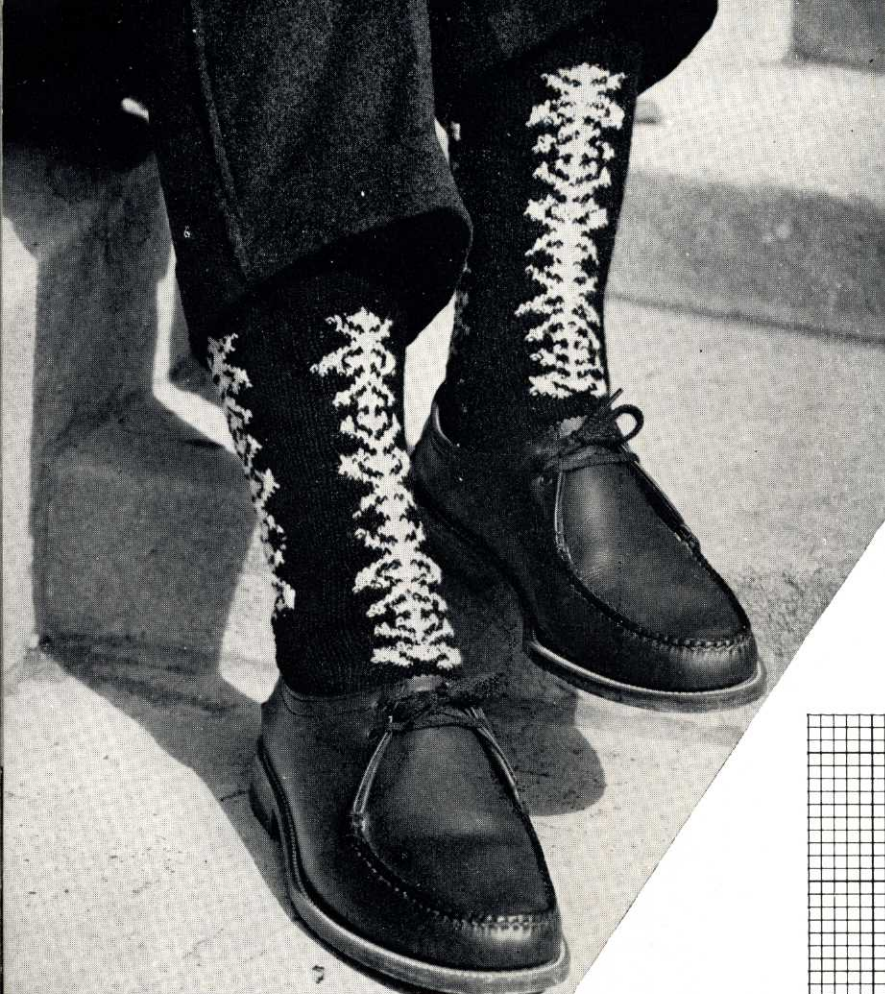
GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3609

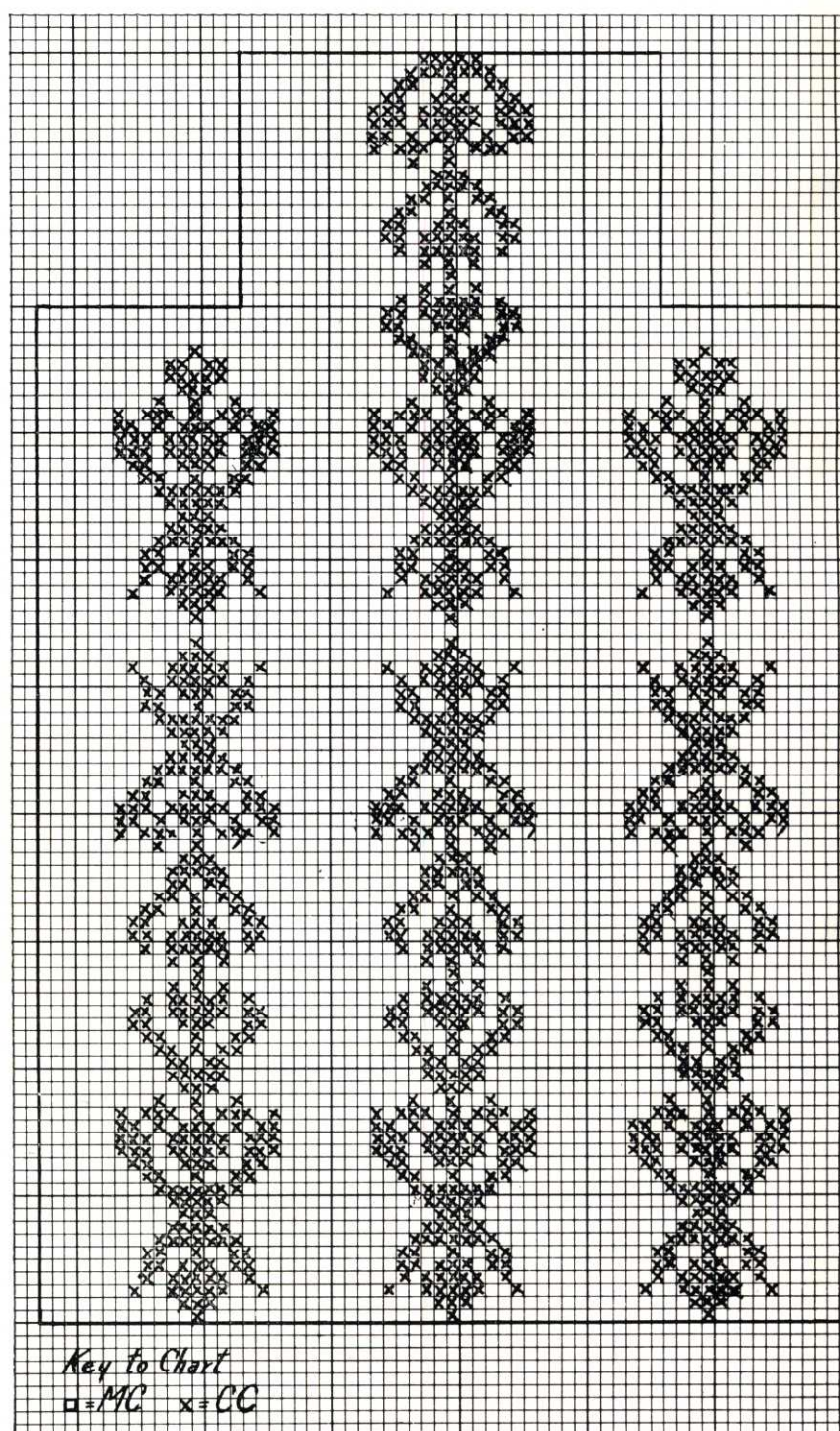
MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
 3 Brown (M C); 1 White (C C)
 1 pair each straight knitting needles Nos.
 1 and 2
 1 set d p needles No. 2
 Bobbins

GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches, inc 1 st at end of last row. Change to No. 2 straight needles and, following chart, work design on 65 sts until 80 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 33 sts of instep piece; put last 16 sts on another holder. Work in pattern on 33 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row and dec 1 st at end of last row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3610

MATERIALS

BERNAT Nylon (1 oz. balls) — 3 Navy
(M C)

BERNAT Bob-o-Nylon (20 yd cards) — 2
each Red (Color A) and Green (Color
B); 1 Yellow (Color C)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

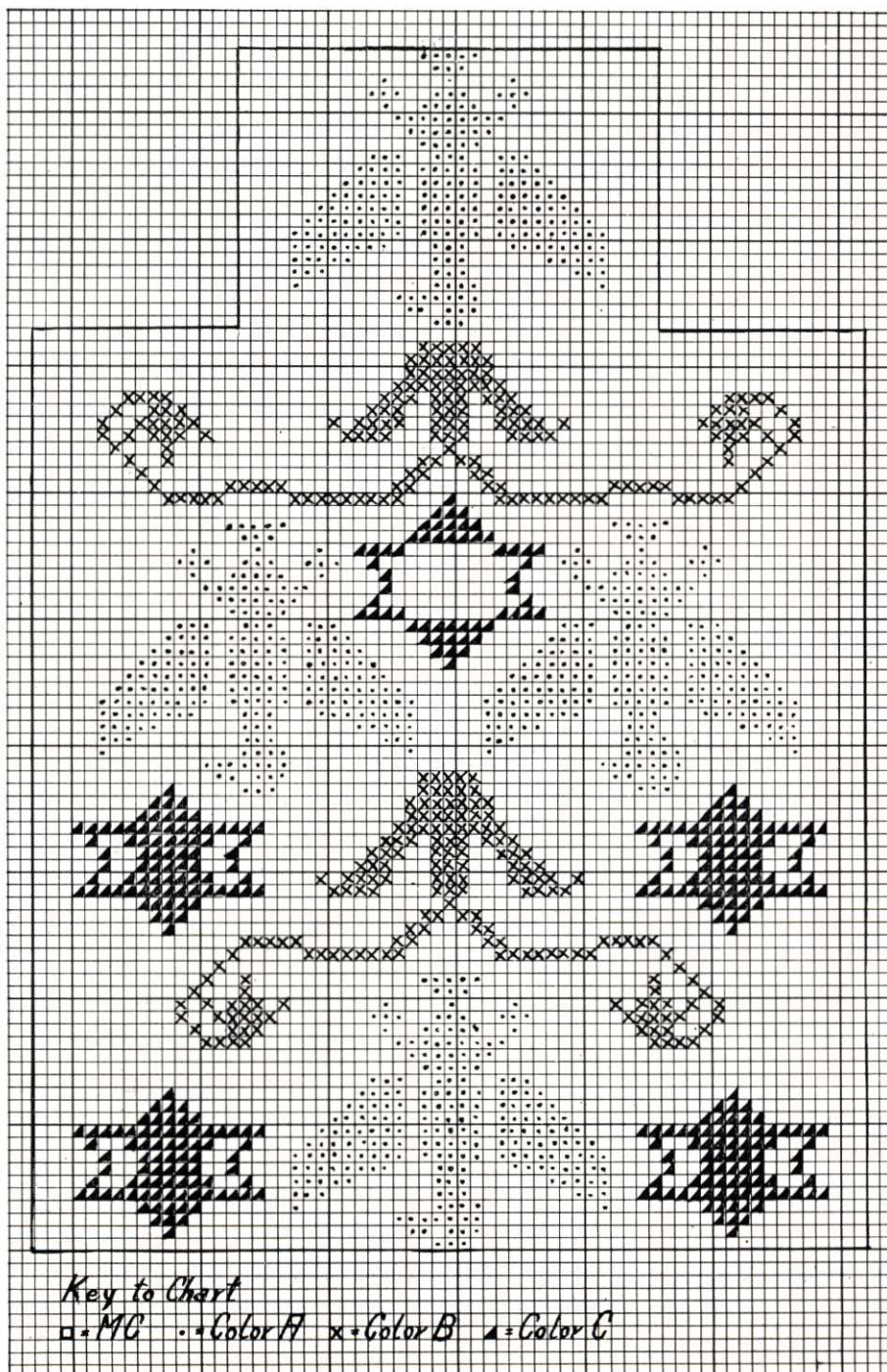
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for $2\frac{1}{2}$ inches, inc 1 st at end of last row. Change to No. 2 straight needles and, following chart, work design in stockinette st on 65 sts until 73 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 33 sts of instep piece; put last 16 sts on another holder. Work in pattern on 33 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, dec 1 st at end of last row and ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3633

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 3 each Walnut (Color A),
Yellow (Color B) and Green (Color C);
2 Black (Color D)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

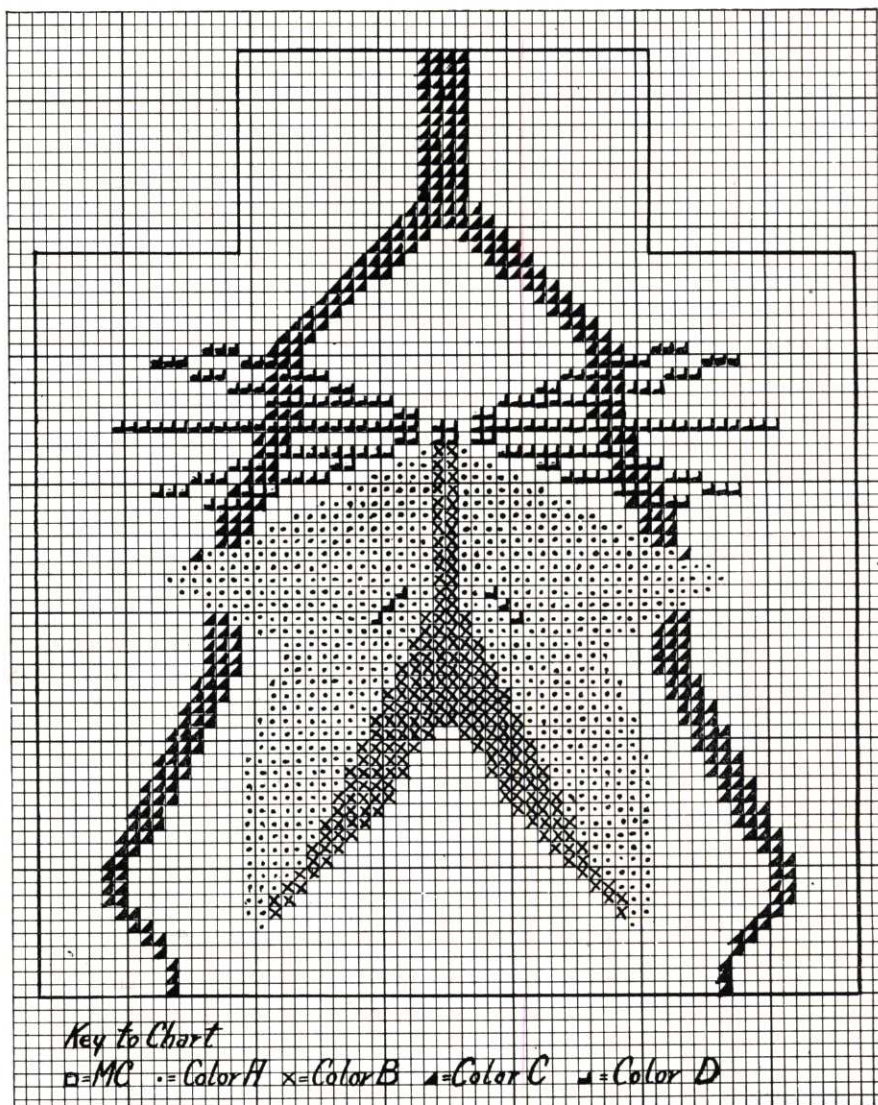
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work in stockinette st for 6 rows. Then, following chart, work design in stockinette st until 58 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3578

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray Mix (M C); 1 White (Color A)

BERNAT Bob-o-Meadowspun (20 yd cards)
— 2 Black (Color B); 1 Scarlet (Color C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

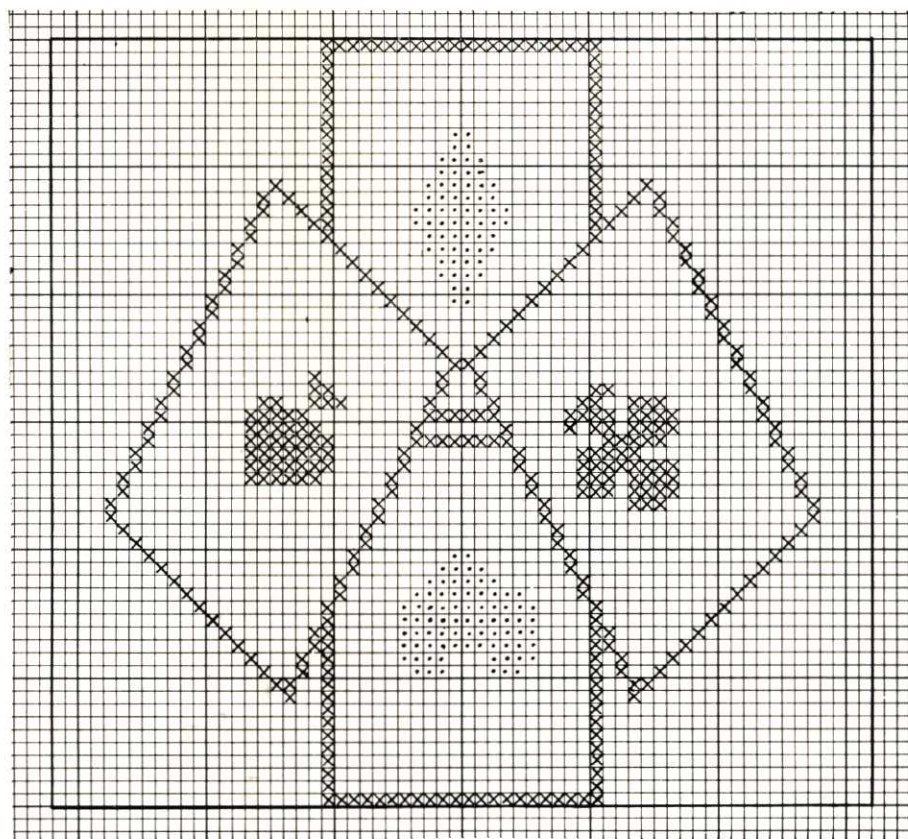
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work even in M C stockinette st for 4 rows. Then, following chart, work design in stockinette st until chart has been completed. Work in M C stockinette st for 4 rows. **HEEL AND FOOT:** Follow directions B on page 48.



Key to Chart: Note—Work background of all cards in Color A

□ = M C X = Color B • = Color C



Style No. 3577

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Gray (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 3 each Wedgwood Blue (Color A), Colonial Blue (Color B) and Wine-glow (Color C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

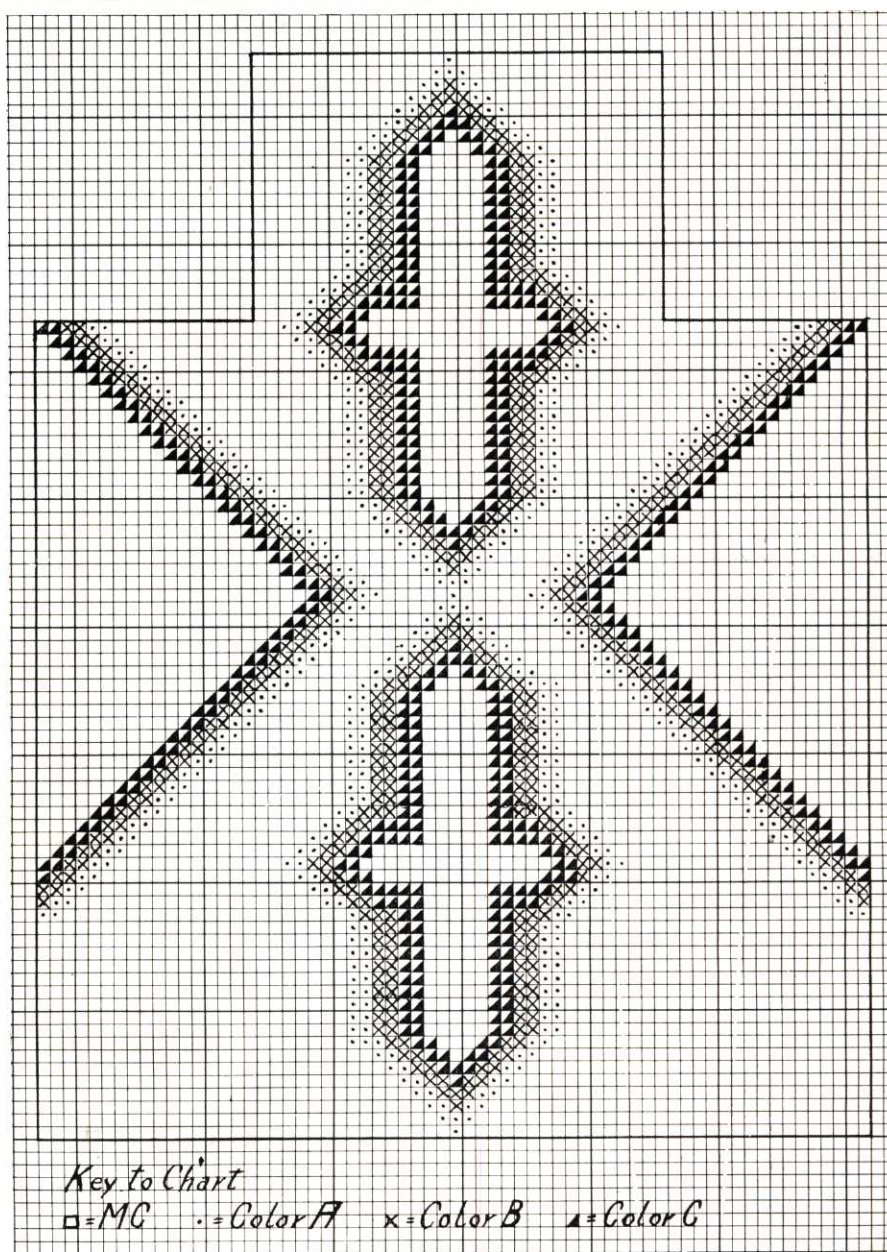
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches, inc 1 st at end of last row. Change to No. 2 needles and work in stockinette st on 65 sts for 2 rows. Then, following chart, work design until 64 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 33 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 33 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row and dec 1 st at end of last row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3581

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 3 each Scarlet (Color A) and
Navy (Color B)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

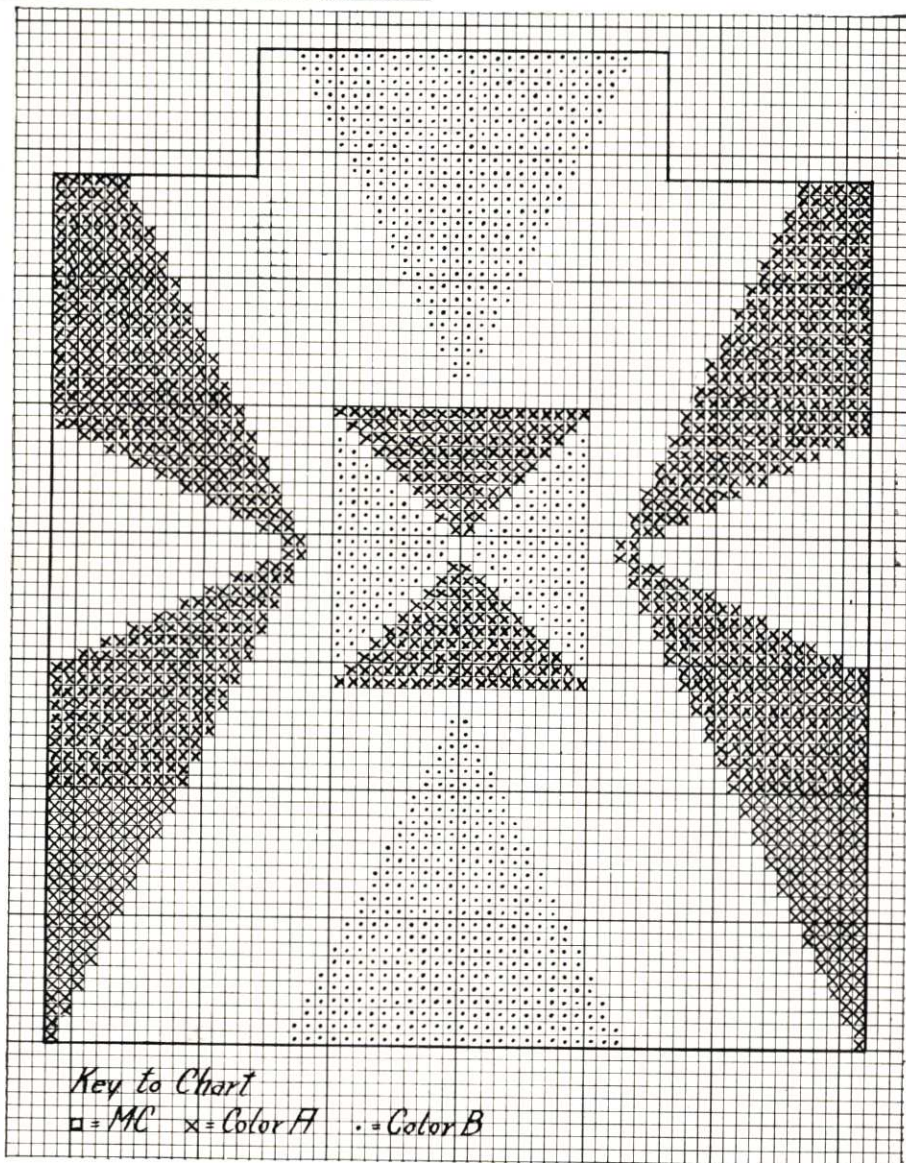
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds — 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 68 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Work in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3608

MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
3 Gray Mix (M C)
BERNAT Bob-o-Wool (20 yd cards) — 1
each Green (Color A), Brown (Color C),
Tan (Color B) and Rose (Color D)
1 pair each straight knitting needles Nos. 1
and 2
1 set d p needles No. 2
Bobbins

GAUGE: 8 sts = 1 inch
12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and, following chart, work design in stock-inette st until 63 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stock-inette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.

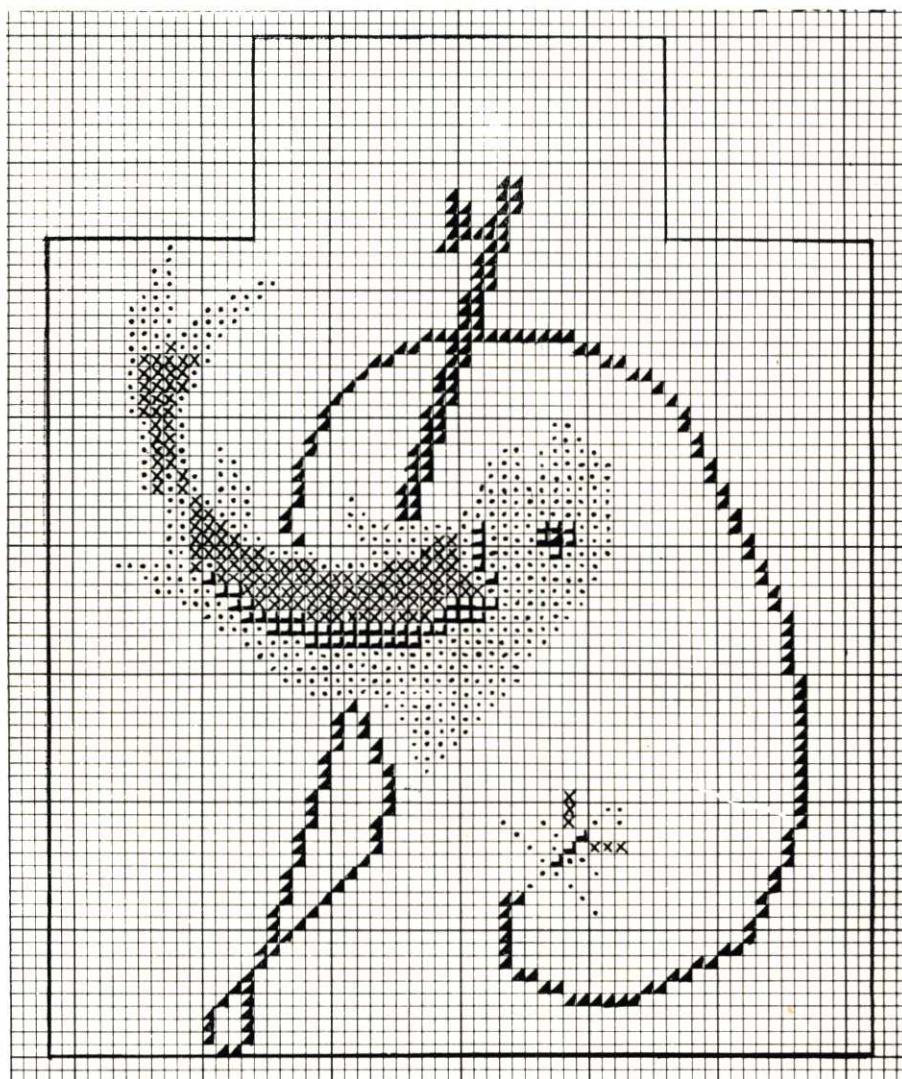


CHART FOR RIGHT SOCK

Reverse chart for Left Sock

Key to Chart

□ = MC • = Color A X = Color B ▲ = Color C ┘ = Color D

Style No. 3645

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 1 each Walnut (Color A), Black (Color B), White (Color C), Scarlet (Color D) and Cinnamon (Color E)
1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

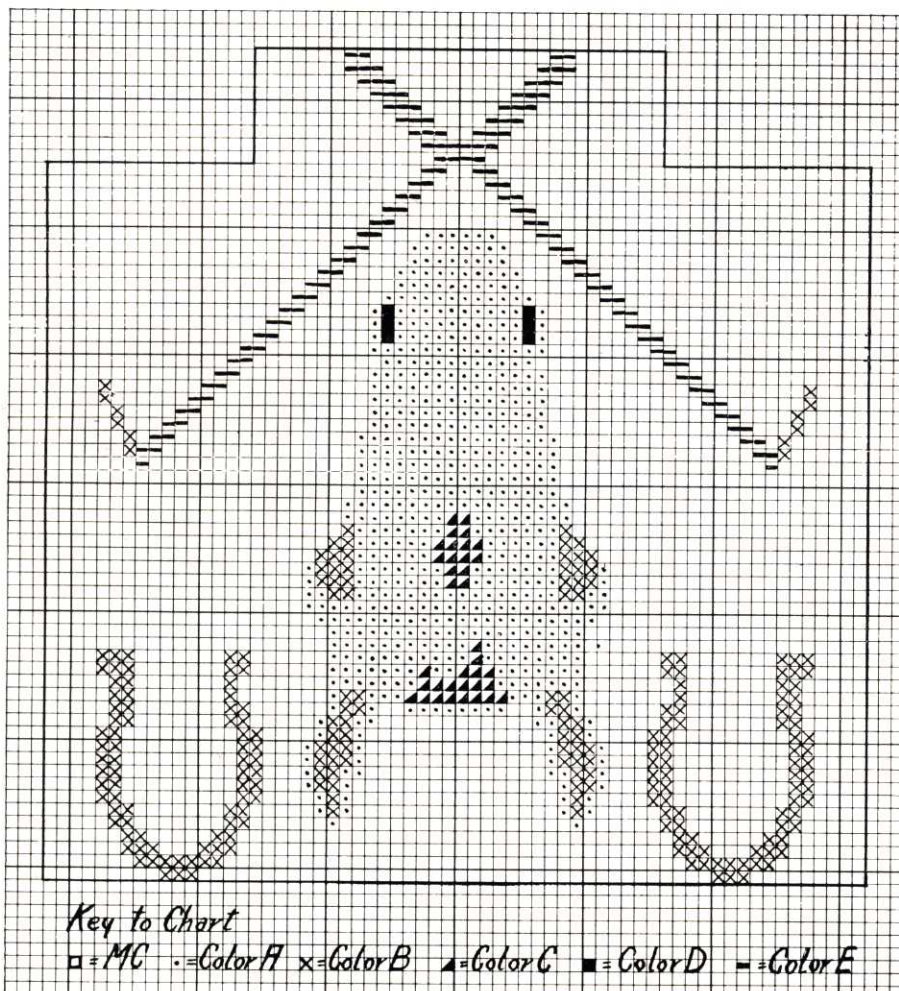
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and work in stockinette st for 10 rows. Continue in stockinette st, following chart for design, until 56 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3646

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 1 each Black (Color A), Green (Color B) and White (Color C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

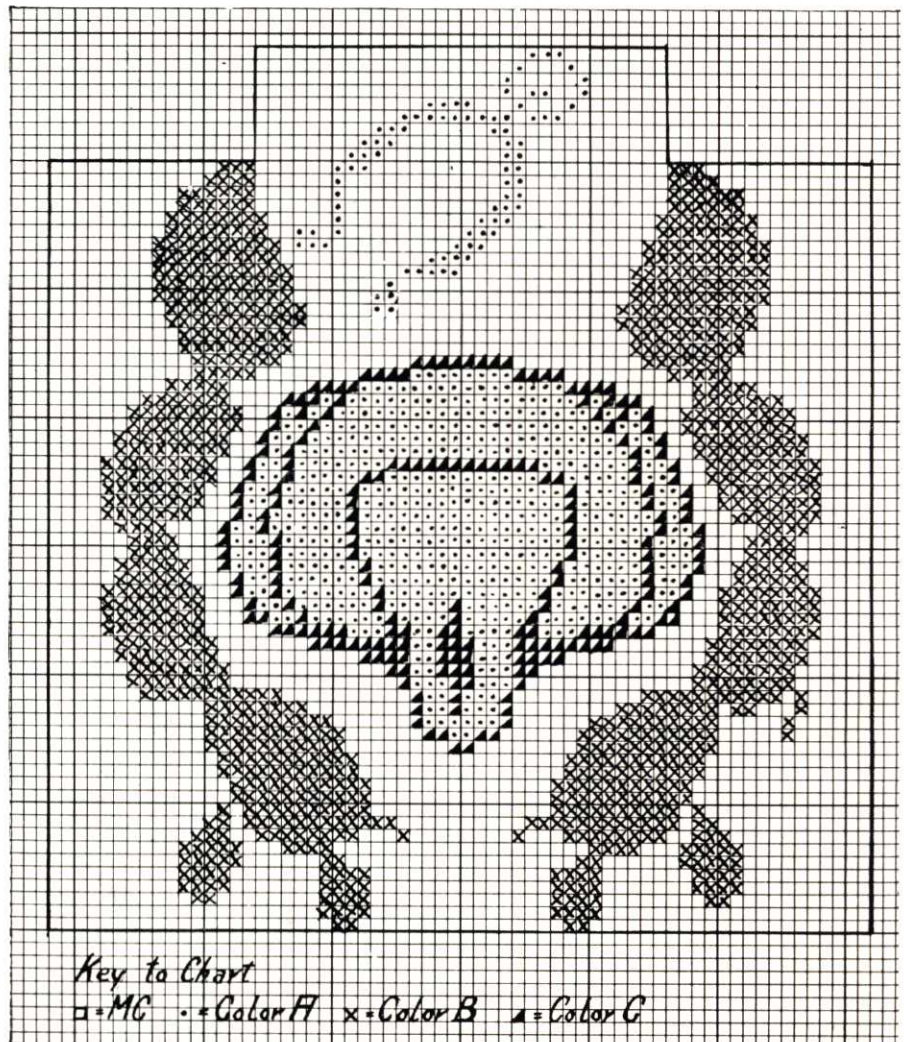
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work in M C stockinette st for 6 rows. Then, following chart, work design until 60 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Work in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3583

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Black (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 each White (Color A) and
Green (Color B)

1 pair each straight knitting needles Nos.
1 and 2

1 set d p needles No. 2

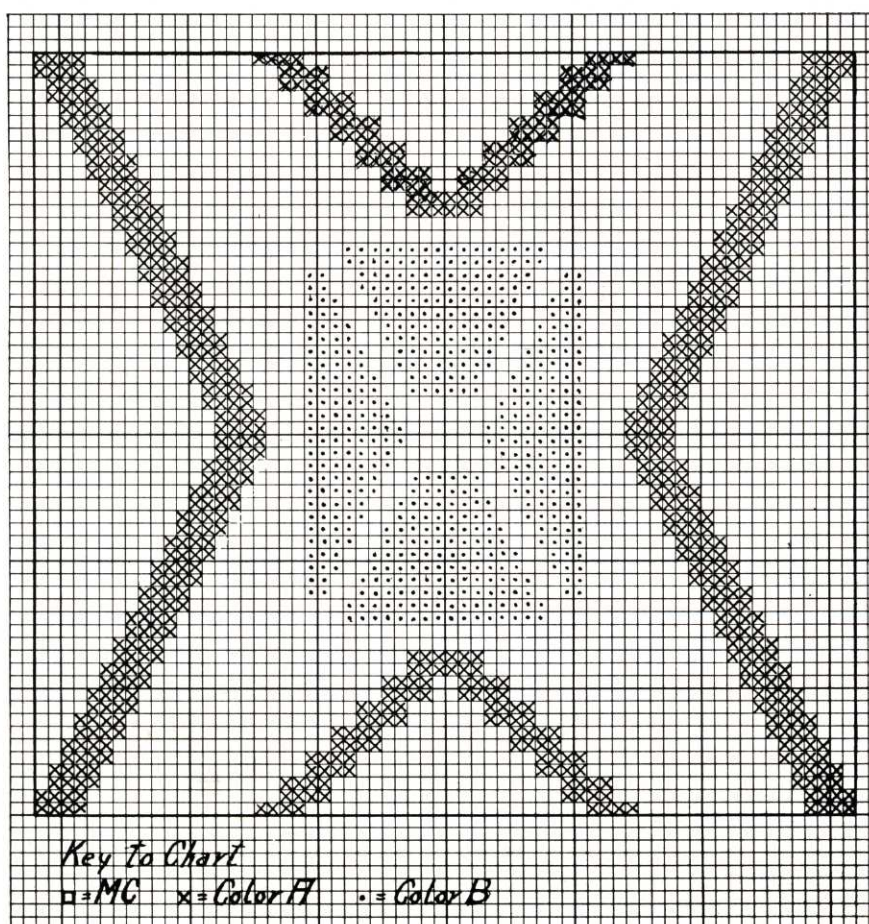
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 needles, and, following chart, work design in stockinette st until chart has been completed. **HEEL AND FOOT:** Follow directions B on page 48.





Style No. 3632

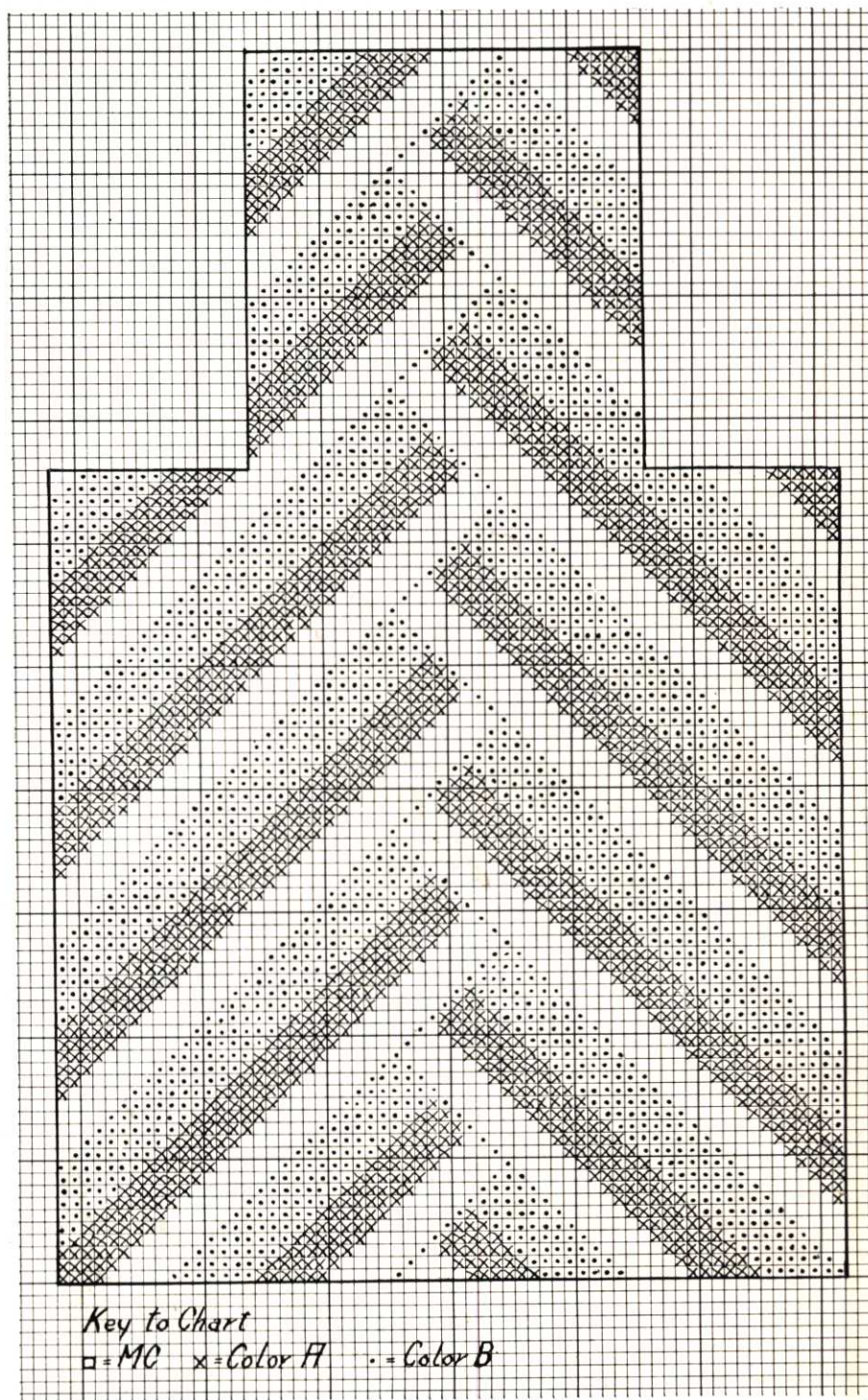
MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 2 Navy (M C); 1 each Red (Color A)
 and White (Color B)
 1 pair each straight knitting needles Nos. 1
 and 2
 1 set d p needles No. 2
 Bobbins

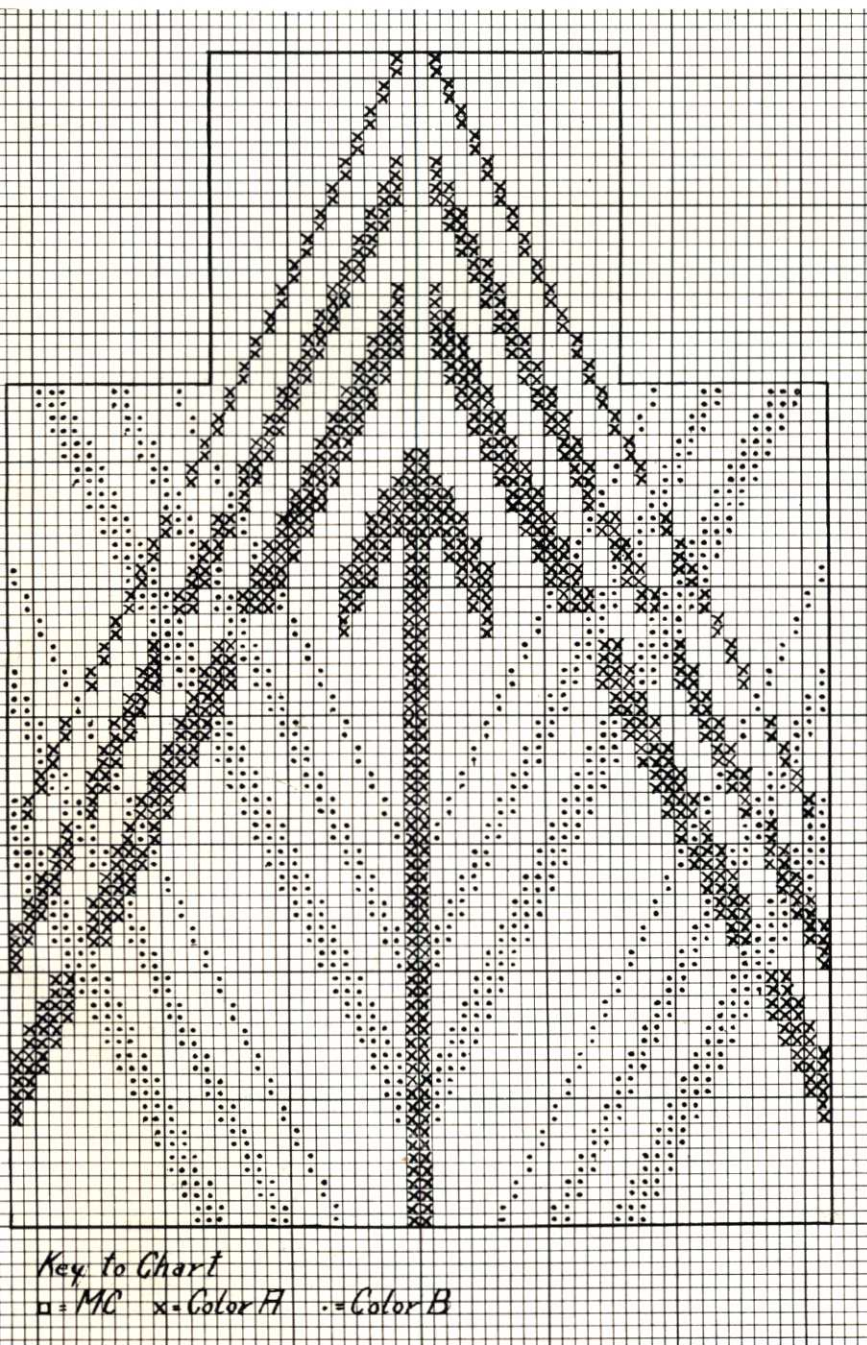
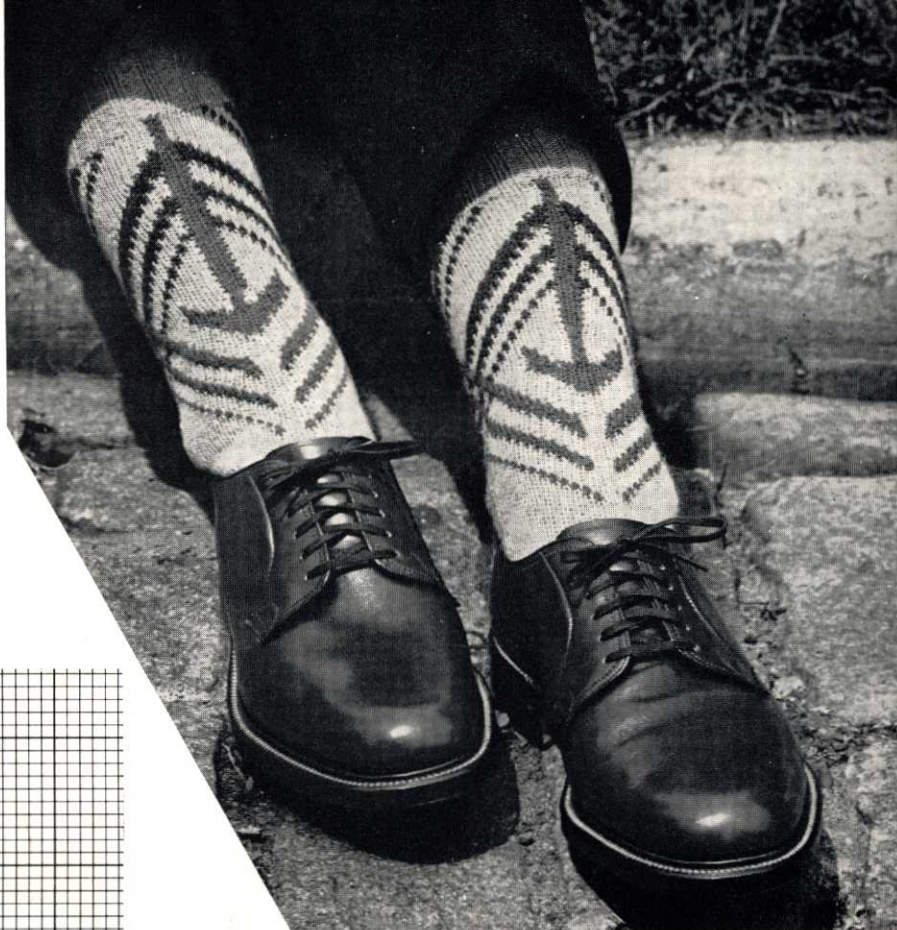
GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3635



MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 3 Gray Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 2 each Colonial Blue (Color A) and Wineglow (Color B)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 needles and, following chart, work design in stockinette st until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3579

MATERIALS

BERNAT Glenspun (1 oz. pull skeins) — 3 Colonial Blue (M C)

BERNAT Bob-o-Wool (20 yd cards) — 2 Navy (C C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch 12 rows or rounds = 1 inch

NOTE 1: Use a bobbin for each C C pattern.

NOTE 2: Be sure to carry M C loosely across back of work.

PATTERN STITCH

Row 1: K 5 M C, * K 2 C C, K 11 M C, repeat from * 4 times more, ending K 5 M C instead of K 11 M C.

Row 2: K 2 M C, * P 3 M C, P 2 C C, P 3 M C, K 5 M C, repeat from * 4 times more, ending K 2 M C instead of K 5 M C.

Rows 3, 5, 7, 9 and 11: K 4 M C, * K 1 C C, K 2 M C, K 1 C C, K 9 M C, repeat from * 4 times more, ending K 4 M C instead of K 9 M C.

Rows 4, 6, 8, 10 and 12: K 2 M C, * P 2 M C, P 1 C C, P 2 M C, P 1 C C, P 2 M C, K 5 M C, repeat from * 4 times more, ending K 2 M C instead of K 5 M C.

Row 13: Repeat Row 1.

Row 14: Repeat Row 2.

Rows 15 and 17: Repeat Row 3.

Rows 16 and 18: Repeat Row 4.

Row 19: Repeat Row 1.

Row 20: Repeat Row 2.

Rows 21 and 23: Repeat Row 3.

Rows 22 and 24: Repeat Row 4.

Repeat these 24 rows for pattern stitch.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work in pattern stitch until piece measures 7½ inches. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern st across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern st on 32 sts of instep piece for 2½ inches. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3643

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 2 Juniper (Color A); 1 each
Brown (Color B) and Rust (Color C)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

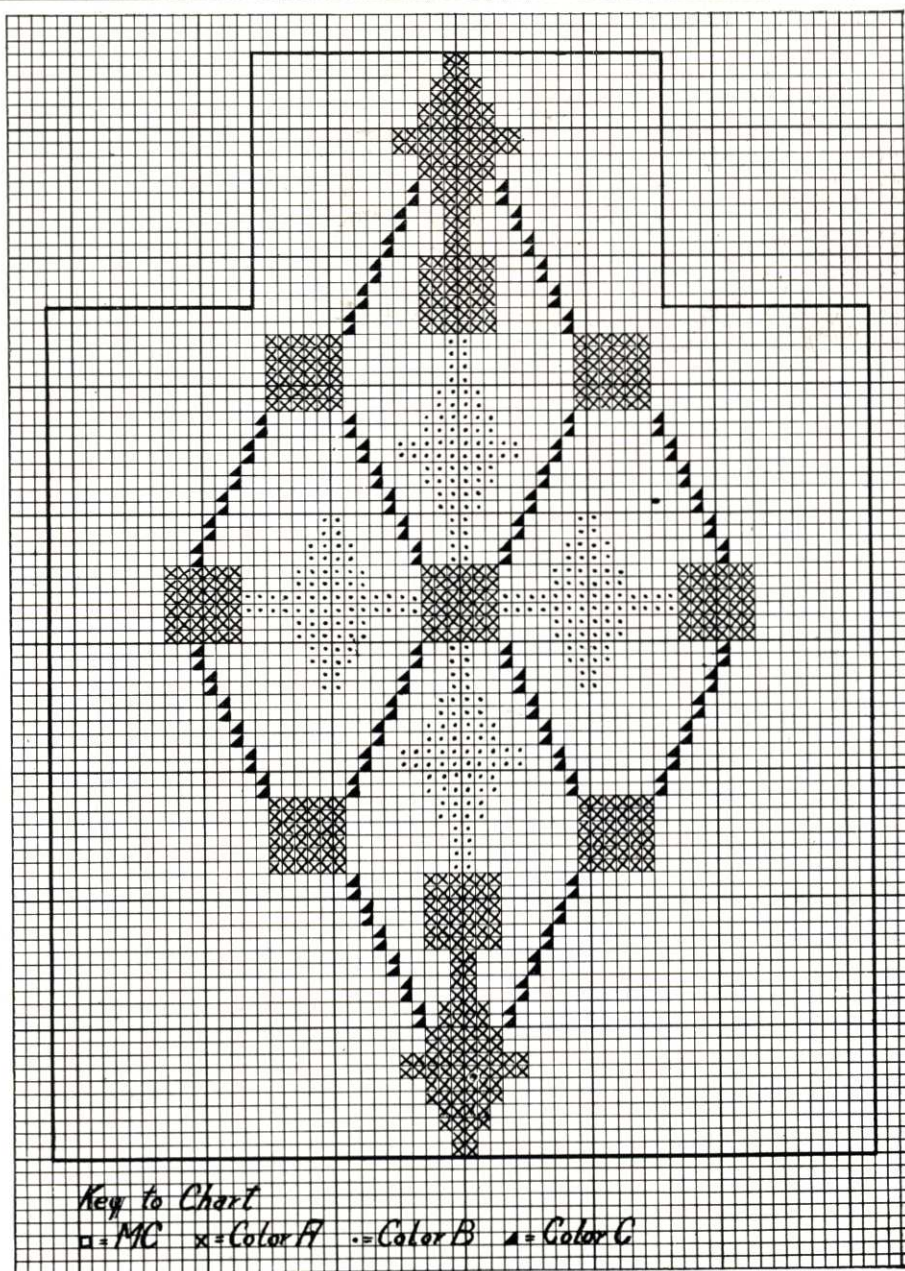
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work in M C stockinette st for 2 rows. Then, following chart, work design until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Work in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow direction A on page 48.





Style No. 3657

MATERIALS

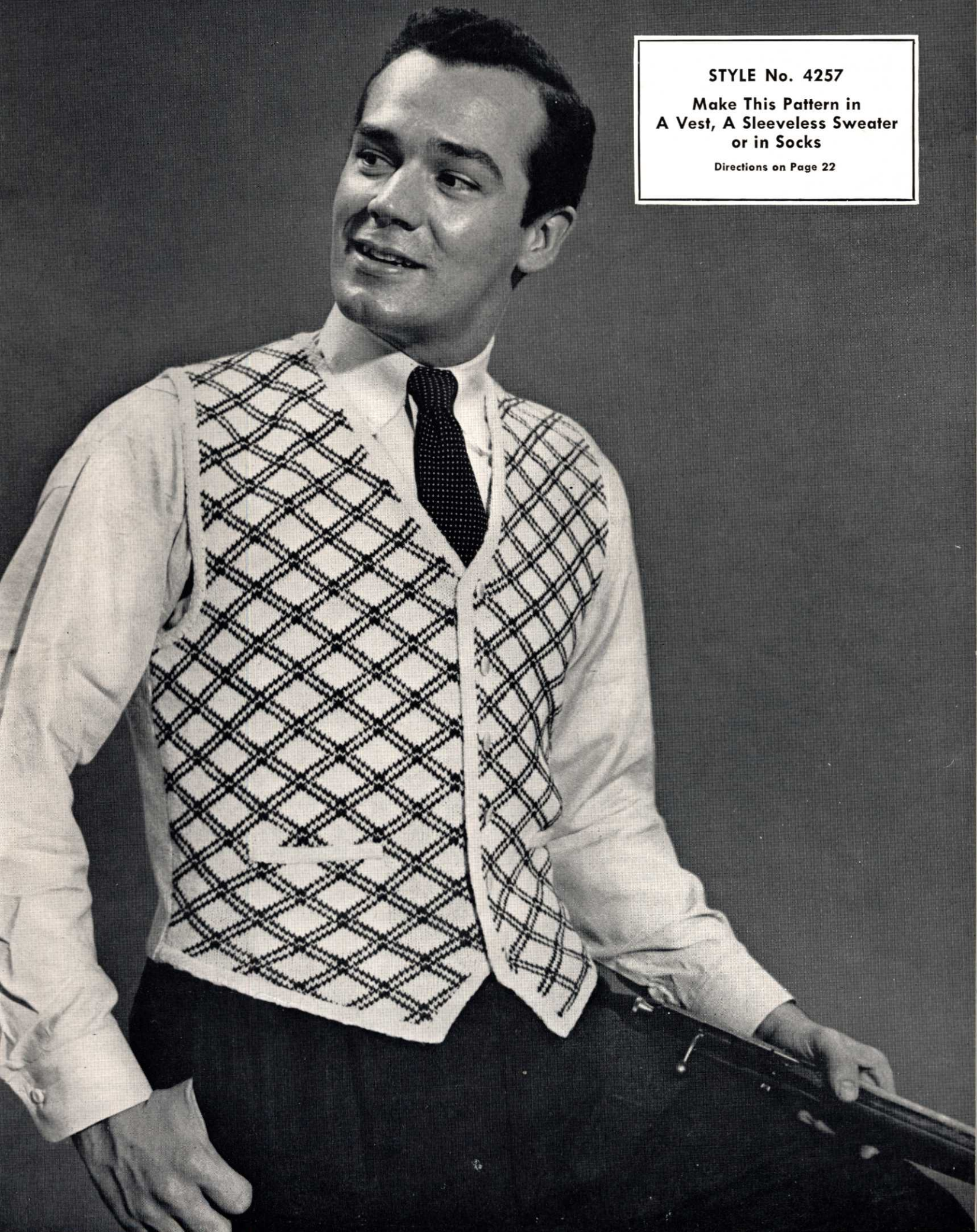
BERNAT Super Knitting Worsted (2 oz. skeins) — 2
OR

BERNAT Nylo Germantown (2 oz. skeins) — 2
1 set each d p needles Nos. 3 and 5

GAUGE: 6 sts = 1 inch 7 rounds = 1 inch

DIRECTIONS: Using No. 5 needles, cast on 48 sts (16 sts on each of 3 needles). Join, being careful not to twist sts. Change to No. 3 needles and K 1, P 1 in ribbing for 1½ inches, inc 1 st at end of last round — 49 sts. Change to No. 5 needles. Round 1: * P 1, K 1, P 1, K 4, repeat from * to end of round. Rounds 2, 3, 4 and 5: Repeat Round 1. Round 6: * P 1, K 1, P 1, sl next 2 sts on extra d p needle and hold in front of work, K next 2 sts, K 2 sts from d p needle (cable twist), repeat from * to end of round. Continue to repeat these 6 rounds until piece measures 4½ inches. **DIVIDE FOR HEEL AND INSTEP:** Work first 14 sts, sl the last 11 sts from third needle onto other end of same needle — these 25 sts are for heel. Put remaining 24 sts on one d p needle for instep. On 25 heel sts, P 1 row, dec 3 sts across row — 22 sts. Then work as follows: **HEEL:** Row 1: * K 1, sl 1, repeat from * to last 2 sts, K 2. Row 2: Purl. Repeat these 2 rows un-

til piece measures 2½ inches, ending with Row 1. **TURN HEEL:** P 13, P 2 tog, P 1, turn; sl 1, K 5, sl 1, K 1, pssso, K 1, turn; sl 1, P 6, P 2 tog, P 1, turn; sl 1, K 7, sl 1, K 1, pssso, K 1, turn; sl 1, P 8, P 2 tog, P 1, turn. Continue in this manner, working 1 st more each time, until all sts have been worked, ending with a K row — 14 sts on needle. Pick up and K 14 sts along side of heel piece; on second needle work in pattern across 24 instep sts; on third needle pick up and K 14 sts along other side of heel piece and K 7 sts from heel onto this needle. There are now 21 sts on each heel needle. Starting at centre of heel, **SHAPE HEEL GUSSET:** Round 1: On first needle K to last 3 sts, K 2 tog, K 1; work in pattern on instep sts on second needle; on third needle K 1, sl 1, K 1, pssso, K to end of round. Round 2: Knit, following pattern on instep sts. Repeat these 2 rounds until there are 11 sts on each heel needle. **FOOT:** K round and round, following pattern on instep sts, until foot measures 2 inches less than desired length. K the next round, dec 1 st at each end of instep needle. **SHAPE TOE:** Round 1: K to last 3 sts of first needle, K 2 tog, K 1; at the beg of the second needle K 1, sl 1, K 1, pssso, K to last 3 sts, K 2 tog, K 1; at the beg of the third needle, K 1, sl 1, K 1, pssso, K to end of needle. Round 2: Knit. Repeat these 2 rounds until there are 4 sts on each heel needle and 8 sts on instep. Put heel sts onto one needle. Weave heel and instep sts tog.



STYLE No. 4257

**Make This Pattern in
A Vest, A Sleeveless Sweater
or in Socks**

Directions on Page 22

Style No. 4257

Shown on page 21

These directions are for small size (36-38). Changes for medium size (40-42) and large size (44-46) are in parentheses.

SLIPON

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 5(5-6) White (M C); 1 each of Navy (Color A) and Red (Color B)
1 pair each straight knitting needles Nos. 1 and 3
1 set d p needles No. 1
Bobbins

GAUGE: 7 sts = 1 inch 10 rows = 1 inch

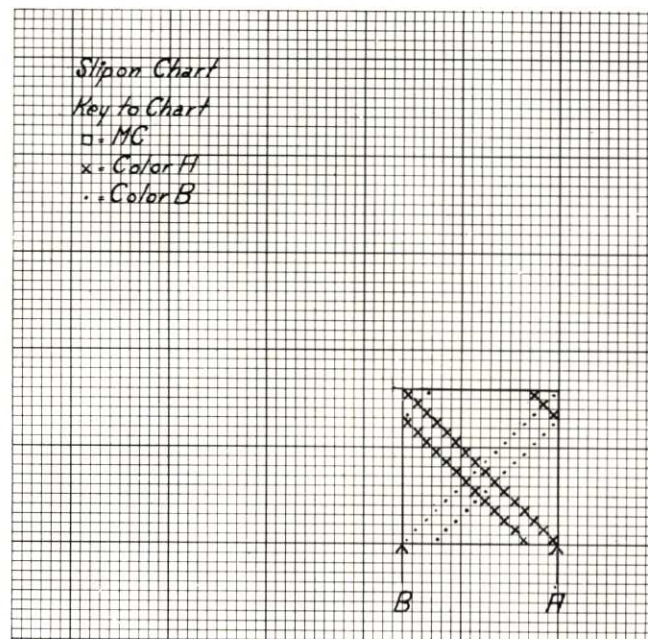
NOTE: Use a bobbin for each of the Contrasting Colors. Carry M C loosely across back of work.

BACK: Using No. 1 straight needles and M C, cast on 130 (144-158) sts. K 2, P 2 in ribbing for 3 inches. Change to No. 3 needles and work in stockinette st until piece measures 13(13½-13½) inches. **SHAPE ARMHOLES:** At the beg of each of the next 4 rows bind off 7(9-10) sts. Dec 1 st each end of needle every other row 6(6-7) times. Work even on 90(96-104) sts until armholes measure 10½(11-11½) inches. **SHAPE SHOULDERS:** At beg of each of the next 8(6-8) rows bind off 7(10-8) sts. Put remaining 34(36-40) sts on a holder.

FRONT: Using No. 1 straight needles and M C, cast on 128(144-160) sts. K 2, P 2 in ribbing for 3 inches. Change to No. 3 needles and, following chart, work design in stockinette st until piece measures 13(13½-13½) inches. **SHAPE ARMHOLES:** At the beg of each of the next 4 rows bind off 7(9-10) sts. Dec 1 st each end of needle every other row 5(6-8) times. Work even on 90(96-104) sts until armholes measure 2(2½-3) inches. **SHAPE NECK:** Work 45(48-52) sts; join another ball of yarn and work last 45(48-52) sts. Working on both sides at once, at each neck edge dec 1 st every 4th row until 28(30-32) sts remain. Work even on both sides at once until armholes measure 10½(11-11½) inches. **SHAPE SHOULDERS:** At each arm edge bind off 7(10-8) sts 4(3-4) times.

FINISHING: Sew underarm and shoulder seams. **ARM-BANDS:** Using M C and No. 1 d p needles, with right side facing you pick up 188(196-204) sts. K 2, P 2 in ribbing for 1 inch. Bind off loosely in ribbing. **NECKBAND:** Using No. 1 d p needles, with right side facing you pick up 34(36-40) sts from holder; on second needle pick up 81(83-87) sts along left front neck edge; on third needle pick up 81(81-85) sts along right front neck edge. Work as follows: Round 1: K 2, P 2 in ribbing to last 3 sts of second needle, K 3; at the beg of the third needle K 3, P 2, * K 2, P 2, repeat from * to end of round. Round 2: K 2, P 2 in ribbing to last 3 sts of second needle, K 2 tog, K 1; on the third needle K 1, sl 1, K 1, pssso, P 2, * K 2, P 2, repeat from

* to end of round. Round 3: K 2, P 2 in ribbing, being sure to follow pattern at point of V. Repeat Rounds 2 and 3 until band measures 1 inch. Bind off loosely in ribbing. Block to size.



DIRECTIONS ON USE OF CHART FOR SLIPON
Start at A and work to B; repeat between A and B.

VEST

MATERIALS

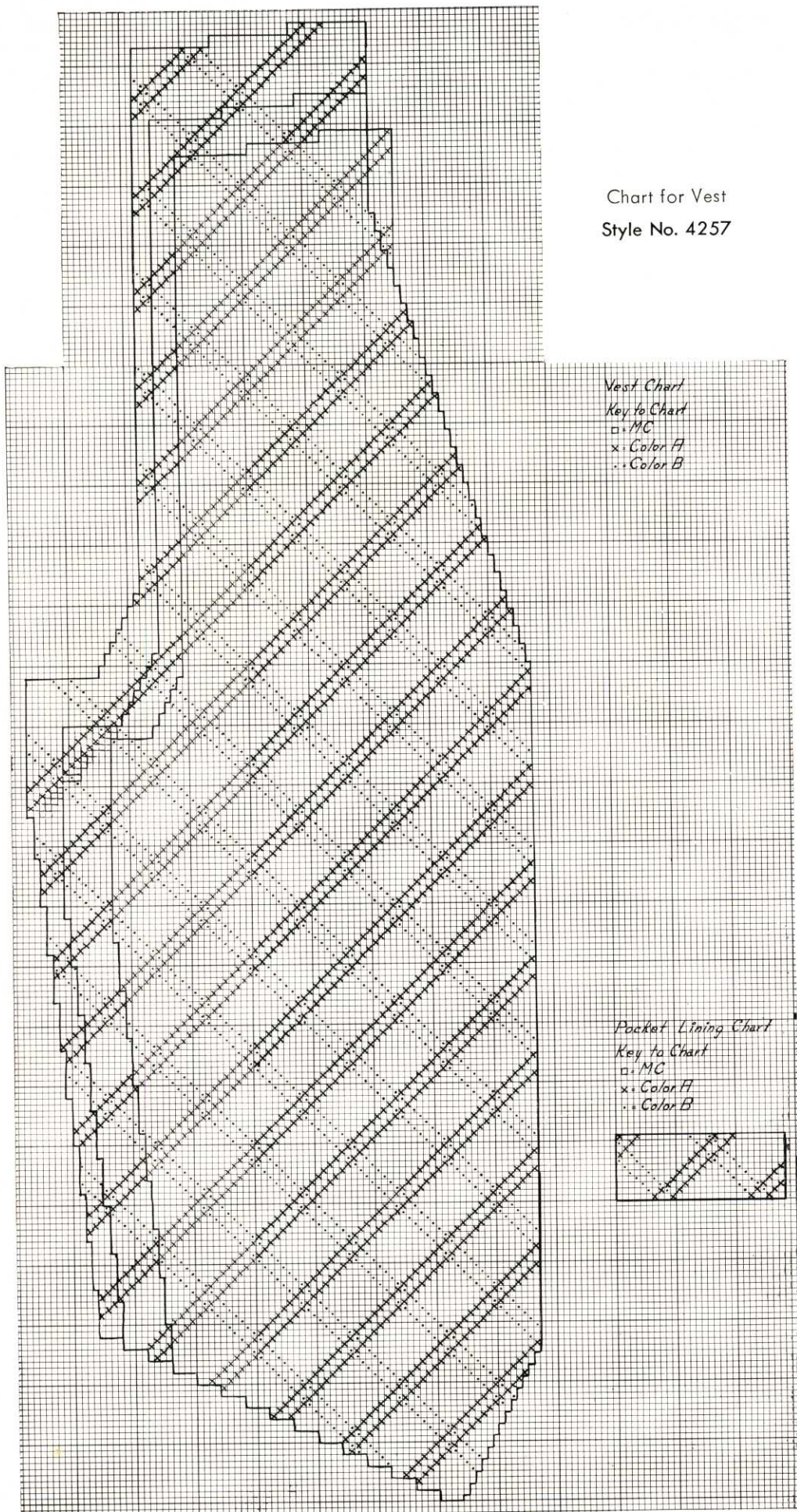
BERNAT Meadowspun (1 oz. pull skeins) — 4(5-5) White (M C); 1 each of Navy (Color A) and Red (Color B)
1 pair each straight knitting needles Nos. 1 and 3
6 buttons
Bobbins

GAUGE: 7 sts = 1 inch 10 rows = 1 inch

NOTE: Use a bobbin for each of the Contrasting Colors. Carry M C loosely across back of work.

BACK: Using No. 1 needles and M C, cast on 110(124-138) sts. K 1, P 1 in ribbing for 1½(1½-2) inches. Change to No. 3 needles and work in stockinette st, inc 1 st each end of needle every ¾ inch 10 times. Work even on 130(144-158) sts until piece measures 10½(10½-11) inches. **SHAPE ARMHOLES:** At the beg of each of the next 2 rows bind off 7(10-12) sts. Dec 1 st each end of needle every other row 5(6-7) times. Work even on 106(112-120) sts until armholes measure 9½(10-10½) inches. **SHAPE SHOULDERS:** At the beg of each of the next 6 rows bind off 12(12-13) sts. Bind off remaining 34(40-42) sts.

(Continued on page 26)





Style No. 4257

SOCKS

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 3 White
(M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 2 each
Navy (Color A) and Red (Color B)

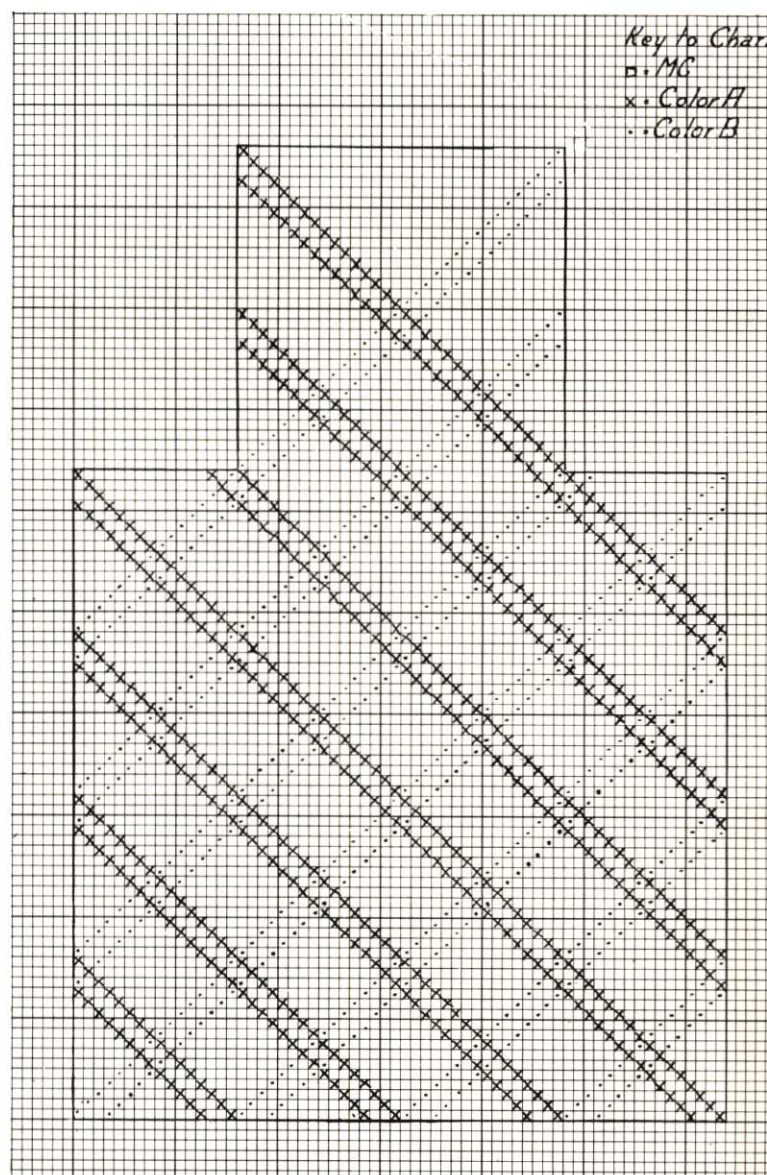
1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each of the Contrasting Colors. Carry M C loosely across back of work.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 3 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 64 rows of chart are completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue to work in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 4256

Shown on page 28

These directions are for small size (36-38). Changes for medium size (40-42) and large size (44-46) are in parentheses.

SLIPON

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 5(5-6) White (M C); 1 each Navy (Color A) and Red (Color B)
1 pair each straight knitting needles Nos. 1 and 3
1 set d p needles No. 1

GAUGE: 7 sts = 1 inch 10 rows = 1 inch

BACK: Using No. 1 straight needles and M C, cast on 130(144-158) sts. K 2, P 2 in ribbing for 3 inches. Change to No. 3 needles and work in stockinette st until piece measures 13(13½-13½) inches. **SHAPE ARMHOLES:** At the beg of each of the next 4 rows bind off 7(9-10) sts. Dec 1 st each end of needle every other row 6(6-7) times. Work even on 90(96-104) sts until armholes measure 10½(11-11½) inches. **SHAPE SHOULDERS:** At the beg of each of the next 8(6-8) rows bind off 7(10-8) sts. Put remaining 34(36-40) sts on a holder.

PATTERN STITCH FOR FRONT

Rows 1 and 3: With M C, knit.
Rows 2 and 4: With M C, purl.
Row 5: With Color A, knit.
Row 6: With Color A, purl.
Rows 7 and 9: Repeat Row 1.
Rows 8 and 10: Repeat Row 2.
Row 11: With Color B, knit.
Row 12: With Color B, purl.
Repeat these 12 rows for pattern stitch.

FRONT: Using M C and No. 1 straight needles, cast on 130(144-158) sts. K 2, P 2 in ribbing for 3 inches, inc 1 st at end of last row. Change to No. 3 needles and work in pattern st on 131(145-159) sts until piece measures 13(13½-13½) inches. **SHAPE ARMHOLES:** At the beg of each of the next 4 rows bind off 7(9-10) sts. Dec 1 st each end of needle every other row 6(6-7) times. Work even on 91(97-105) sts until armholes measure 2(2½-3) inches. **SHAPE NECK:** Work 45(48-52) sts; join another ball of yarn and bind off centre st; work remaining 45(48-52) sts. Working on both sides at once, at each neck edge dec 1 st every 4th row until there are 28(30-32) sts. Work even on both sides at once until armholes measure 10½(11-11½) inches. **SHAPE SHOULDERS:** At each arm edge bind off 7(10-8) sts 4(3-4) times.

FINISHING: Mark the centre front st. Using Color B, work a vertical stripe in duplicate st in this st. Using Colors A and B alternately, work a vertical stripe in duplicate st on every 4th st of front. Sew underarm and shoulder seams. **ARMBANDS:** Using M C and No. 1 d p needles, with right side facing you pick up 188(196-204) sts around armhole. K 2, P 2 in ribbing for 1 inch. Bind off loosely in ribbing. **NECKBAND:** Using No. 1 d p needles, with right side facing you pick up 34(36-40) sts from holder; on second needle pick up 81(83-87) sts along left front neck edge; on third needle pick up 81(81-85) sts along right front neck edge. Work as follows: Round 1: K 2, P 2 in ribbing to last 3 sts of second needle, K 3; at the beg of the third needle K 3, P 2, * K 2, P 2 repeat from * to end of round. Round 2: K 2, P 2 in ribbing to last 3 sts of second needle, K 2 tog, K 1; on the third needle K 1, sl 1, K 1, pssso, P 2, * K 2, P 2, repeat from * to end of round. Round 3: K 2, P 2 in ribbing, being sure to follow pattern at point of V. Repeat Rounds 2 and 3 until band measures 1 inch. Bind off loosely in ribbing. Block to size.

VEST

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 4(5-5) White (M C); 1 each Navy (Color A) and Red (Color B)
1 pair each straight knitting needles Nos. 1 and 3
6 buttons

GAUGE: 7 sts = 1 inch 10 rows = 1 inch

BACK: Using No. 1 needles and M C, cast on 110(124-138) sts. K 1, P 1 in ribbing for 1½(1½-2) inches. Change to No. 3 needles and work in stockinette st, inc 1 st each end of needle every ¾ inch 10 times. Work even on 130(144-158) sts until piece measures 10½(10½-11) inches. **SHAPE ARMHOLES:** At the beg of each of the next 2 rows bind off 7(10-12) sts. Dec 1 st each end of needle every other row 5(6-7) times. Work even on 106(112-120) sts until armholes measure 9½(10-10½) inches. **SHAPE SHOULDERS:** At the beg of each of the next 6 rows bind off 12(12-13) sts. Bind off remaining 34(40-42) sts.

PATTERN STITCH FOR FRONTS: Follow pattern stitch of slipon.

POCKET LININGS: Make 2. Using No. 3 needles and M C, cast on 28 sts. Work in stockinette st for 2 inches. Then work in pattern st until piece measures approximately 3(3½-3½) inches, ending with Row 3. Put these sts on a holder.

(Continued on page 26)

RIGHT FRONT: Using No. 3 needles and M C, cast on 3 sts. Purl these 3 sts. Work in pattern st, casting on 4 sts at the beg of EVERY P row (arm edge) 11(13–14) times and, **AT THE SAME TIME**, inc 1 st at the beg of EVERY K row 13(13–15) times. Keeping front edge even, inc 1 st at arm edge every $\frac{3}{4}$ inch until piece measures approximately 4 inches above last group of cast on sts at arm edge, ending with Row 2. **SET IN POCKETS:** Work in pattern st on 19(23–26) sts, bind off next 28 sts, work to end of row. On the next row work to pocket opening, work sts of one pocket lining from holder, work to end of row. Continue in pattern st, still inc 1 st at arm edge every $\frac{3}{4}$ inch until there are 70(78–84) sts. Work even until arm edge measures $10\frac{1}{2}$ ($10\frac{1}{2}$ –11) inches. **SHAPE ARMHOLE:** At arm edge bind off 7(10–12) sts. Dec 1 st at same edge every other row 5(6–7) times. **SHAPE NECK:** At front edge dec 1 st every 3rd row until there are 36(36–39) sts. Work even until armhole measures $9\frac{1}{2}$ (10 – $10\frac{1}{2}$) inches. **SHAPE SHOULDER:** At arm edge bind off 12(12–13) sts 3 times.

LEFT FRONT: Work to correspond to right front, reversing all shaping and forming first buttonhole when piece measures 1 inch above last group of cast on sts at arm edge. **BUTTONHOLE:** Starting at front edge, work 5 sts; bind off next 3 sts; work to end of row. On the next row cast on 3 sts over those bound off previous row. Make 5 more buttonholes, evenly spaced — the last one to be made at start of neck shaping.

ARMBANDS: Make 2. Using No. 1 needles and M C, cast on 5 sts. Row 1: Inc 1 st in first st, K to end of row. Row 2: P 2 tog, P to end of row. Repeat these 2 rows until piece is same length as armhole. Bind off.

FRONT BORDER: Work in same manner as armbands until piece is long enough to fit from side seam across bottom edge, up left front, around neck, down right front and across bottom edge to other side seam. Bind off.

POCKET BANDS: Make 2. Work in same manner as armbands until piece is same length as pocket opening. Bind off.

FINISHING: Using Color B and starting in centre st of point, work a vertical stripe in duplicate st in this st. Using Colors A and B alternately, work a vertical stripe in duplicate st in every 4th st of each front. Sew underarm and shoulder seams. Sew pocket linings in place. Apply pocket bands over top of pockets and sew in place. Sew ends of armbands tog and sew over armholes with outer edges even. Sew front border in place in same manner. Buttonhole st around each buttonhole. Block to size. Sew on buttons.

POCKET LINING: Make 2. Using No. 3 needles, and M C, cast on 28 sts. Work even in stockinette st for 2 inches. Then following Pocket Lining chart, work design in stockinette st until chart is completed. Put sts on a holder.

RIGHT FRONT: Using No. 3 needles and M C, cast on 4 sts. Purl these 4 sts. Then following chart, work design in stockinette st, casting on 4 sts at the beg of EVERY P row (arm edge) 11(13–14) times and, **AT THE SAME TIME**, inc 1 st at the beg of EVERY K row 13 times. Keeping front edge even, inc 1 st at arm edge every $\frac{3}{4}$ inch until 60 rows of chart have been completed, ending with a wrong side row. **SET IN POCKETS:** Work in pattern st on 19 sts, bind off next 28 sts, work to end of row. On the next row work to pocket opening, work sts of one pocket lining from holder, work to end of row. Continue to follow chart, inc 1 st at arm edge every $\frac{3}{4}$ inch until there are 70(78–84) sts. Work even until arm edge measures $10\frac{1}{2}$ ($10\frac{1}{2}$ –11) inches. **SHAPE ARMHOLE:** At arm edge bind off 7(10–12) sts. Dec 1 st at same edge every other row 5 times. **SHAPE NECK:** Continuing to dec 1 st at arm edge every other row 0(1–2) times more, at front edge dec 1 st every 3rd row until 36(36–39) sts remain. Work even until armhole measures $9\frac{1}{2}$ (10 – $10\frac{1}{2}$) inches. **SHAPE SHOULDER:** At arm edge bind off 12(12–13) sts 3 times.

LEFT FRONT: Work to correspond to right front, reversing all shaping and forming first buttonhole when piece measures 1 inch above last group of cast on sts at arm edge. **BUTTONHOLE:** Starting at front edge, work 5 sts; bind off the next 3 sts; work to end of row. On the next row cast on 3 sts over those bound off previous row. Make 5 more buttonholes, evenly spaced — the last one to be made at start of neck shaping.

ARMBANDS: Make 2. Using No. 1 needles and M C, cast on 5 sts. Row 1: Inc 1 st in first st, K to end of row. Row 2: P 2 tog, P to end of row. Repeat these 2 rows until piece is same length as armhole. Bind off.

FRONT BORDER: Work in same manner as armbands until piece is long enough to fit from side seam across bottom edge, up left front, around neck, down right front and across bottom edge to other side seam. Bind off.

POCKET BANDS: Make 2. Work in same manner as armbands until piece is same length as pocket opening. Bind off.

FINISHING: Sew underarm and shoulder seams. Sew pocket linings in place. Apply pocket bands over top of pockets and sew in place. Sew ends of armbands tog and sew over armholes with outer edges even. Sew front border in place in same manner. Buttonhole st around each buttonhole. Block to size. Sew on buttons.



Style No. 4256

SOCKS

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 2 White (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 2 each Navy (Color A) and Red (Color B)

1 pair each straight knitting needles Nos. 1 and 2

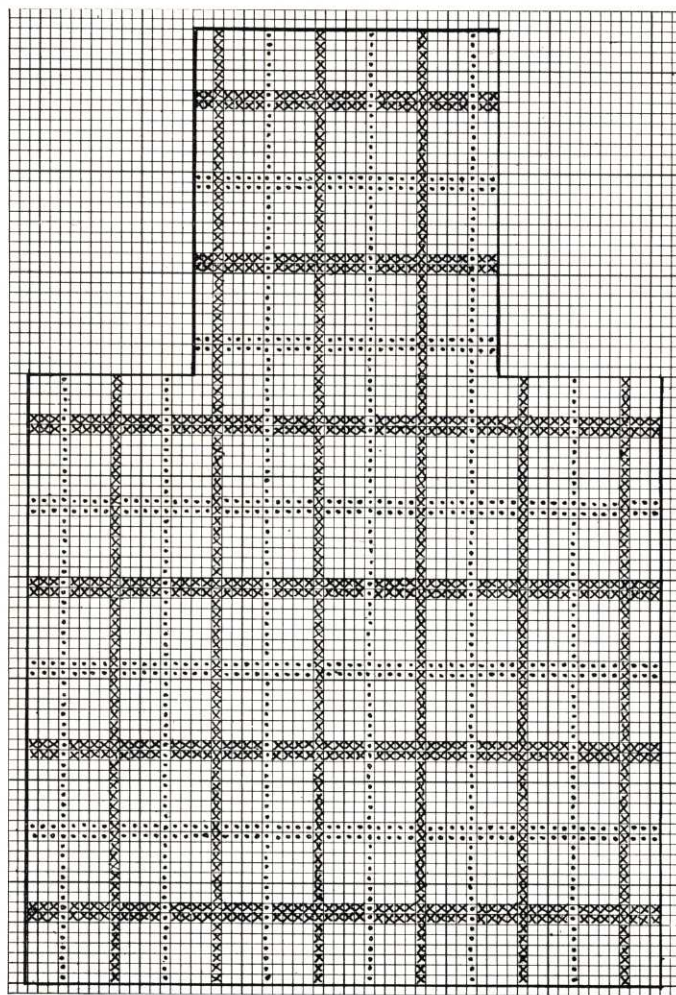
1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 3 inches, dec 1 st each end of last row. Change to No. 2 straight needles and, following chart, work design in stockinette st on 62 sts until 60 rows of chart are completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 30 sts of instep piece; put last 16 sts on another holder. Continue to work in pattern on 30 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, inc 1 st each end of needle on last row and ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



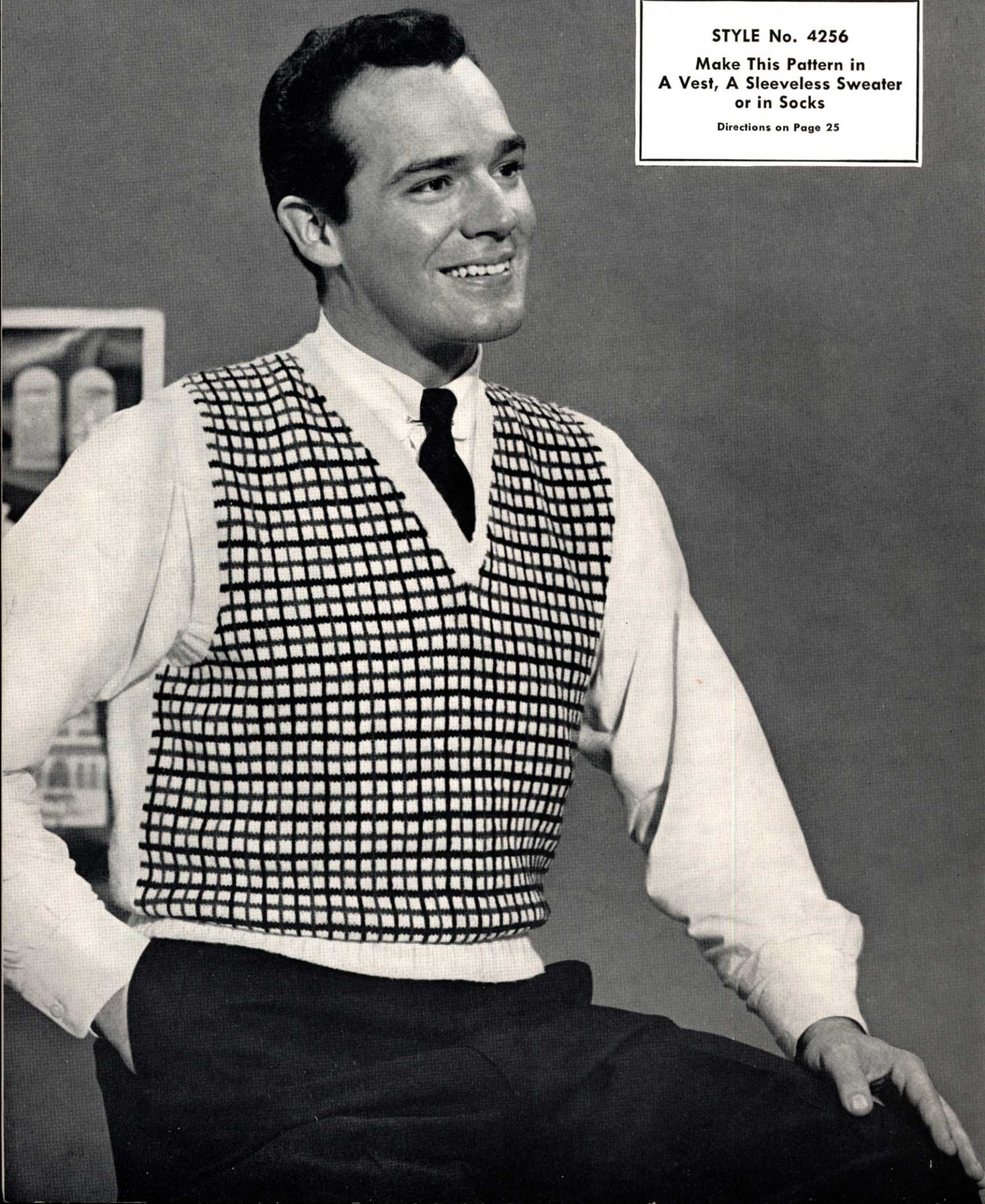
Key to Chart

□ = MC X = Color A • = Color B

STYLE No. 4256

**Make This Pattern in
A Vest, A Sleeveless Sweater
or in Socks**

Directions on Page 25





Style No. 3513

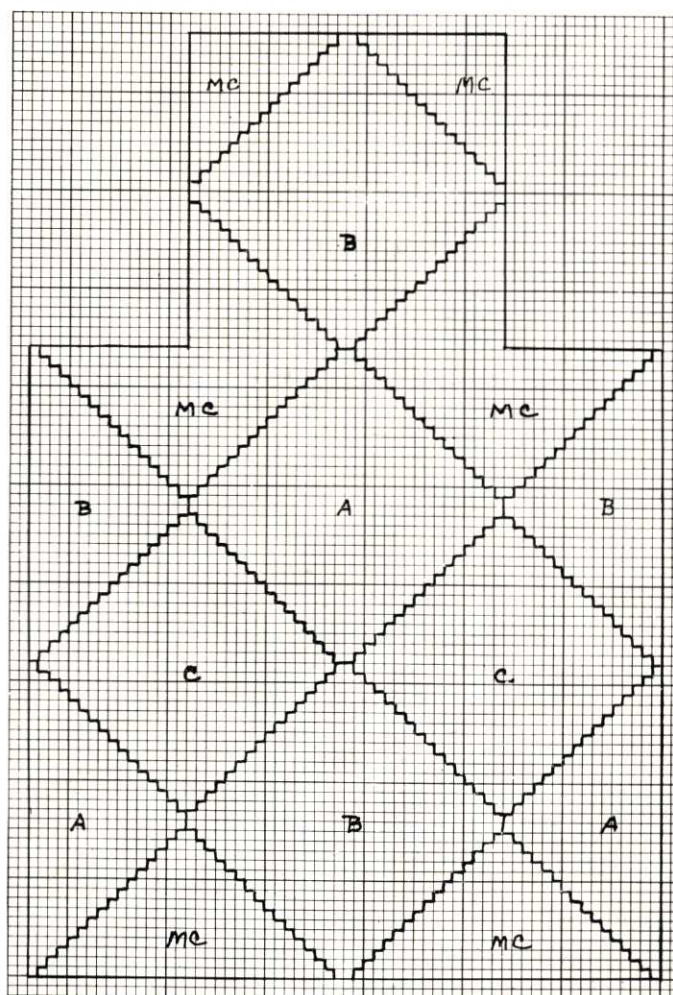
MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
 2 Gray (M C); 1 each White (Color A),
 Black (Color B) and Red (Color C)
 1 pair each straight knitting needles Nos.
 1 and 2
 1 set d p needles No. 2
 Bobbins

GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 64 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3606

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Beige (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 each Sapphire (Color A),
Cinnamon (Color B) and White (Color
C)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

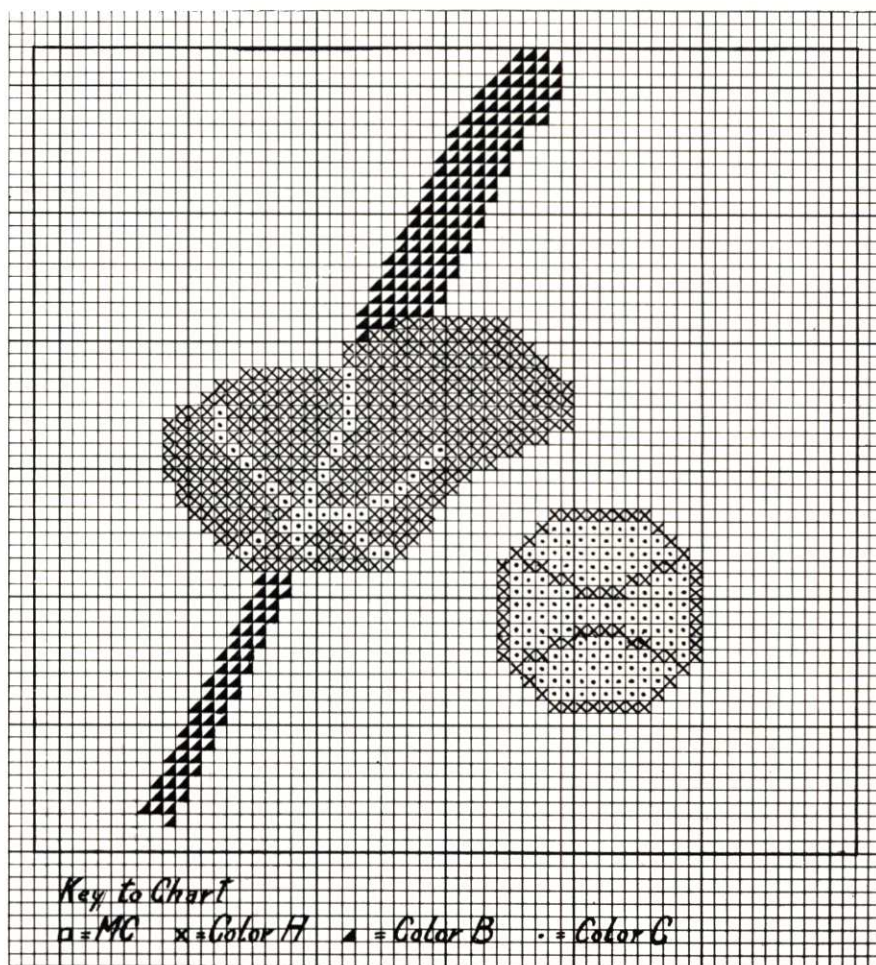
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles
and M C, cast on 64 sts. Change to No. 1
needles and K 2, P 2 in ribbing for 2 inches.
Change to No. 2 straight needles and,
following chart, work design in stockinette
st until chart is completed. Work 3 rows
in M C stockinette st. **HEEL AND FOOT:**
Follow directions B on page 48.





Style No. 3605

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Oxford (M C)

BERNAT Bob-o-Meadowspun (20 yd cards)
— 2 Wineglow (Color A); 1 card each Navy (Color B) and Wedgwood Blue (Color C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

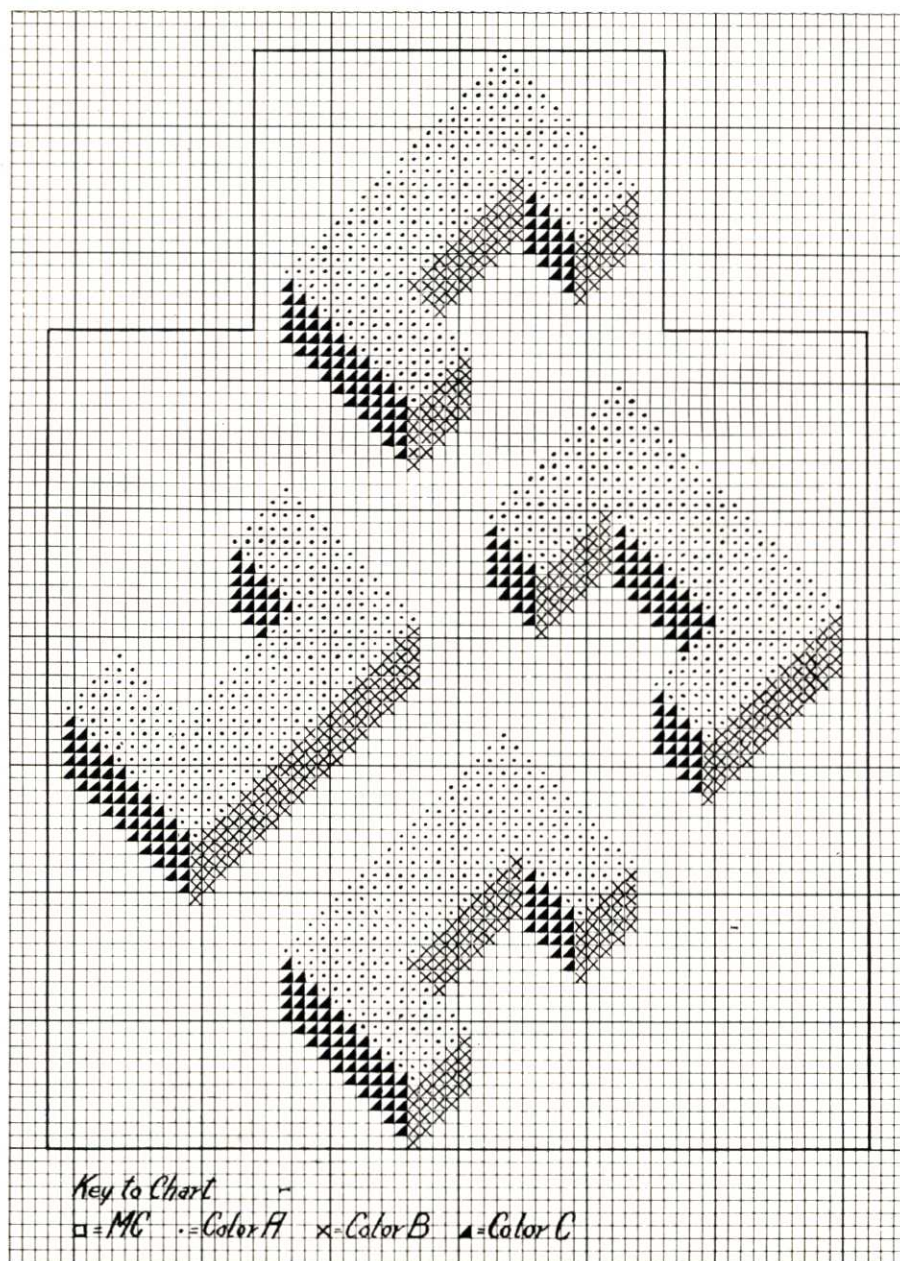
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and work 2 rows in stockinette st. Continue in stockinette st, following chart for design, until 64 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3607

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 each Brown (Color A),
Green (Color B) and Yellow (Color C)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

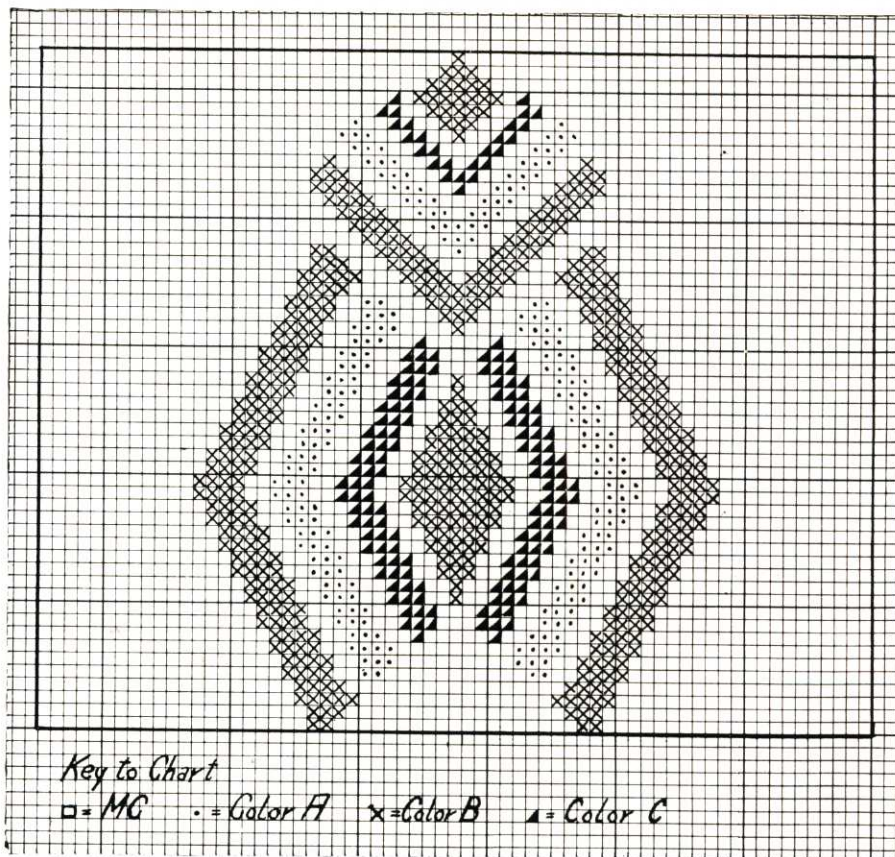
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches, inc 1 st at end of last row. Change to No. 2 straight needles and work in M C stockinette st for 16 rows. Then, following chart, work design in stockinette st on 65 sts until chart is completed. Work 3 rows in M C stockinette st, dec 1 st at end of last row. **HEEL AND FOOT:** Follow directions B on page 48.





Style No. 3659

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 each Brown (Color A) and
Green (Color B)

1 pair each straight knitting needles Nos.
1 and 2

1 set d p needles No. 2

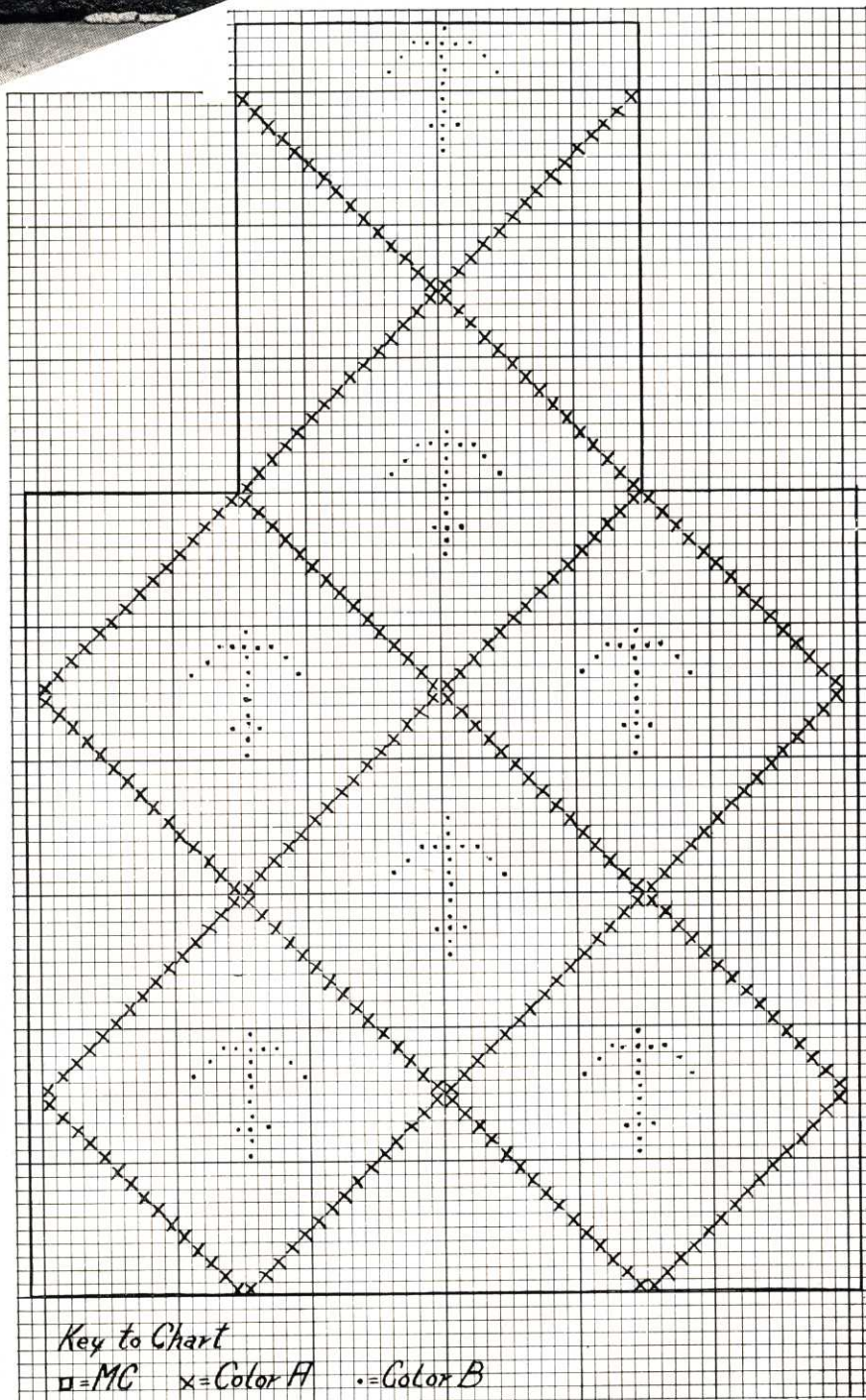
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches, dec 1 st each end of needle on last row. Change to No. 2 straight needles and, following chart, work design in stockinette st on 62 sts until 60 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 30 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 30 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, inc 1 st each end of needle on last row and ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3571

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray Mix (M C), 1 Burgundy
(Color A)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 White (Color B)

1 pair each straight knitting needles Nos. 1
and 2

1 set d p needles No. 2

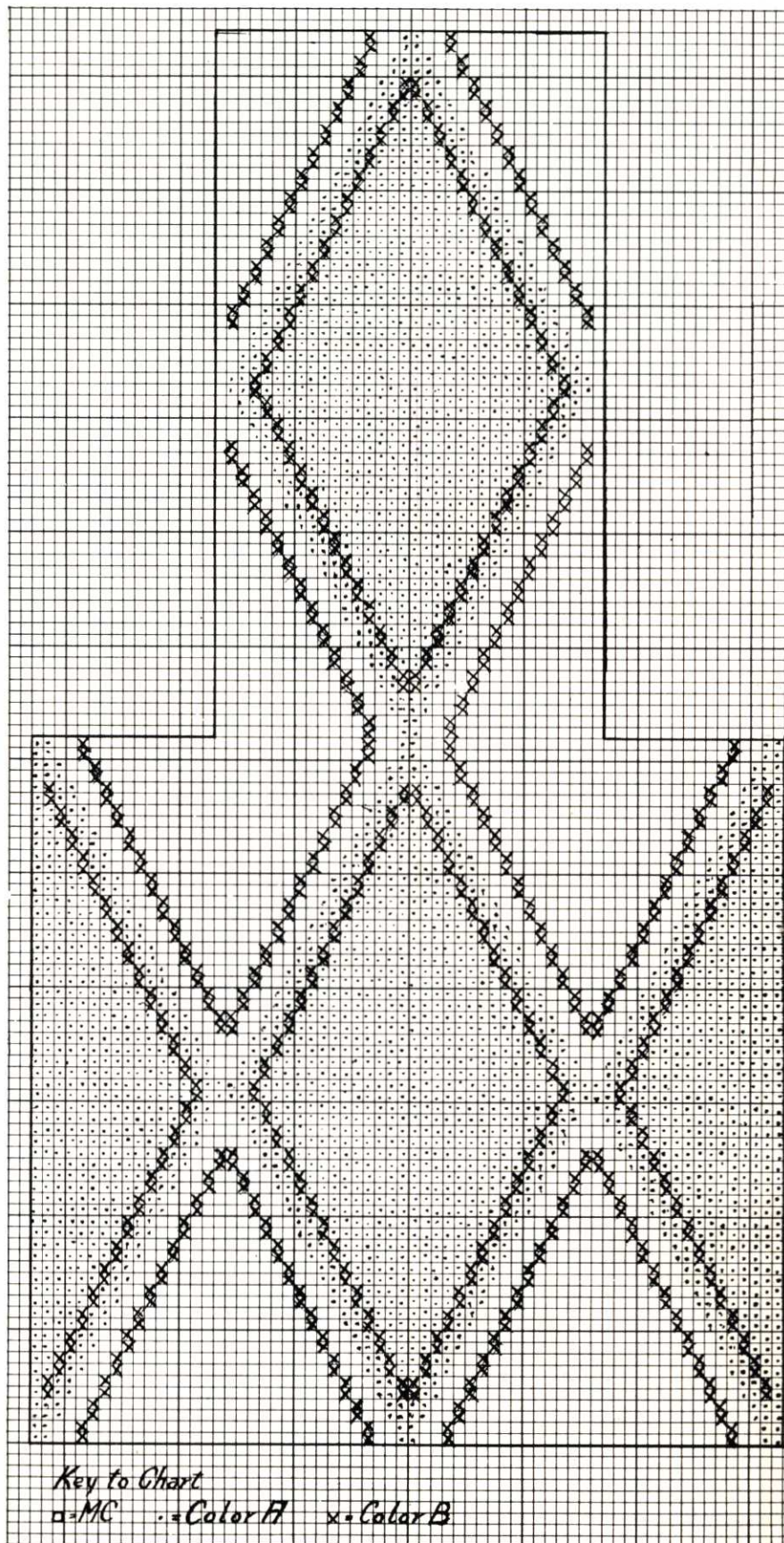
Bobbins

GAUGE: 8 sts = 1 inch

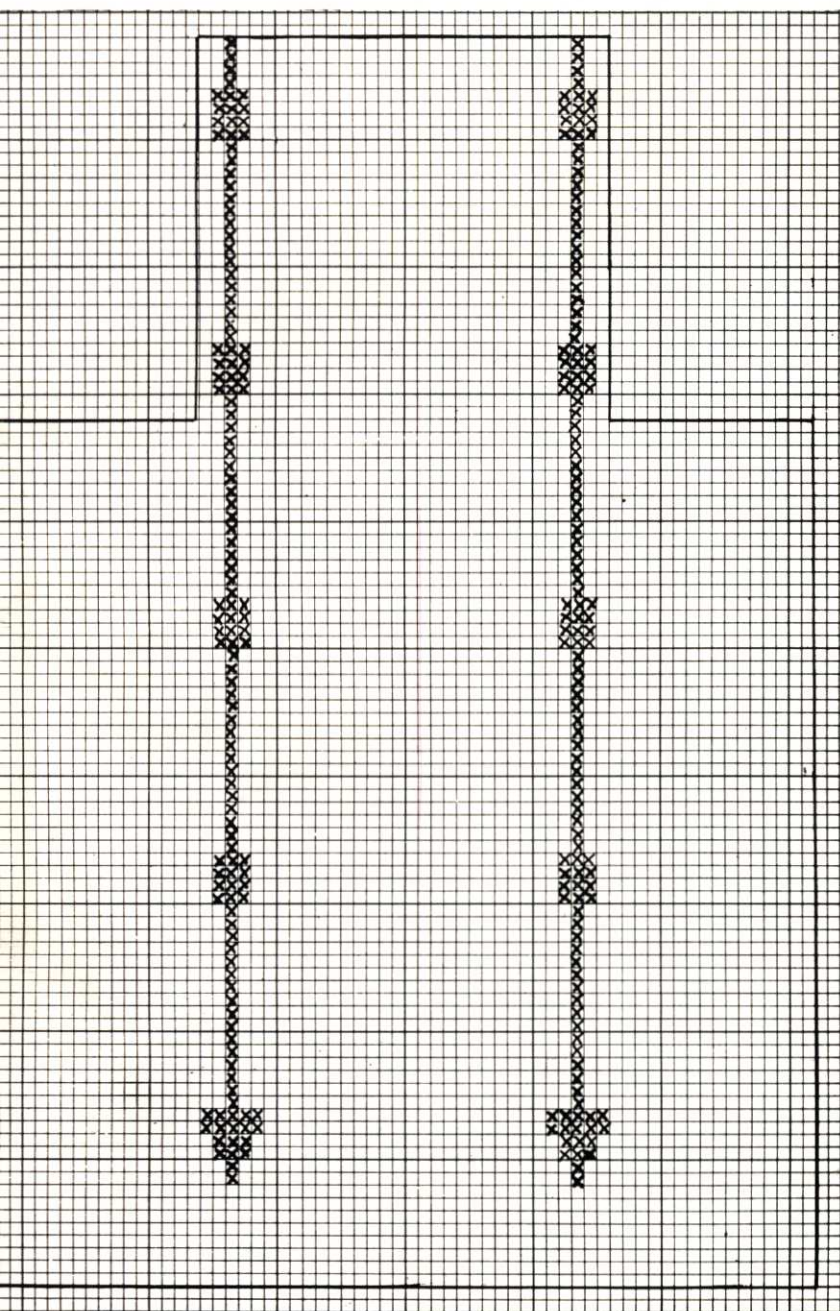
12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 3 inches, inc 1 st each end of needle on last row. Change to No. 2 straight needles and, following chart, work design in stockinette st on 66 sts until 62 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder, work across 34 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 34 sts of instep piece until chart is completed. Then work in stockinette st for 2 rows, dec 1 st each end of needle on last row and ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3514



MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Main Color (M C)
BERNAT Bob-o-Meadowspun (20 yd
cards) — 2 Contrasting Color (C C)
1 pair each straight knitting needles Nos.
1 and 2
1 set d p needles No. 2
Bobbins

GAUGE: 8 sts = 1 inch
12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for $2\frac{3}{4}$ inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 68 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3580

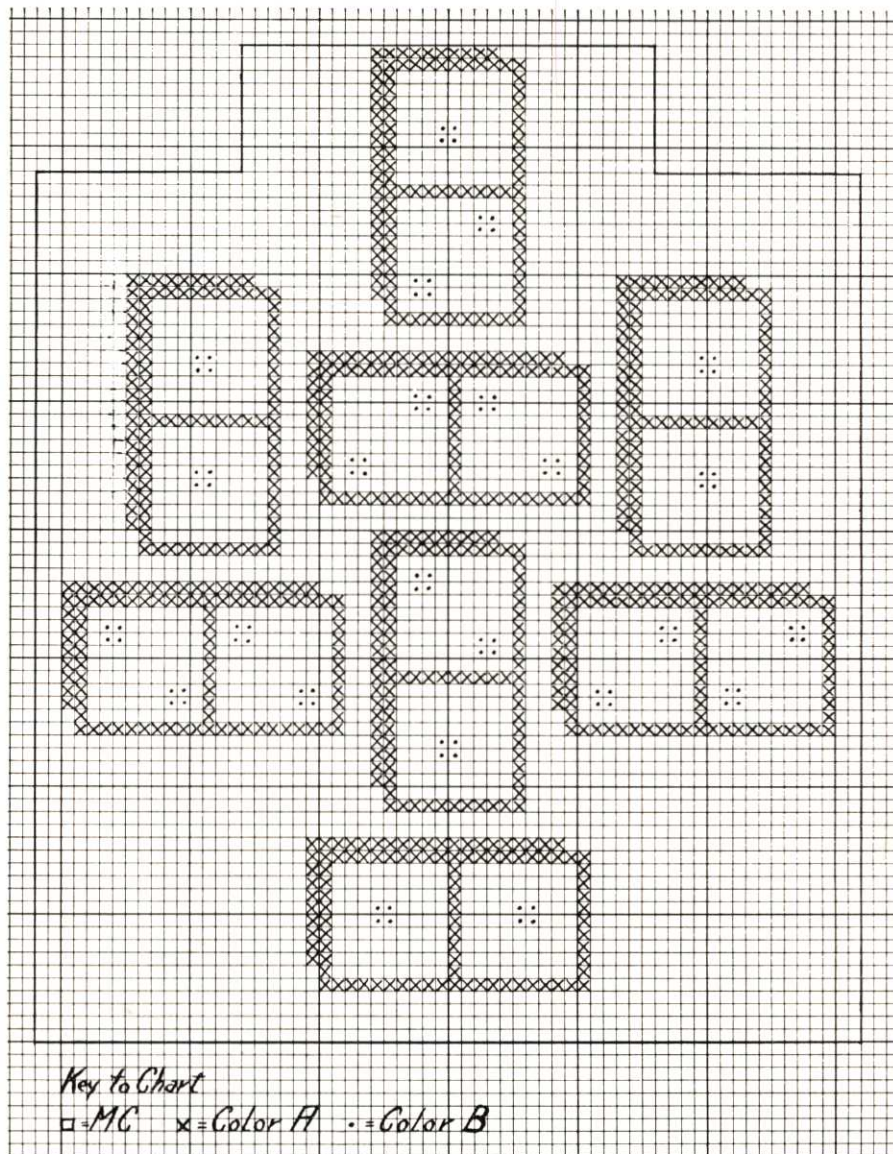
MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 3 Gray Mix (M C); 1 Black (Color A)
 BERNAT Bob-o-Meadowspun (20 yd
 cards) — 1 Scarlet (Color B)
 1 pair each straight knitting needles Nos. 1
 and 2
 1 set d p needles No. 2
 Bobbins

GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 68 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3642

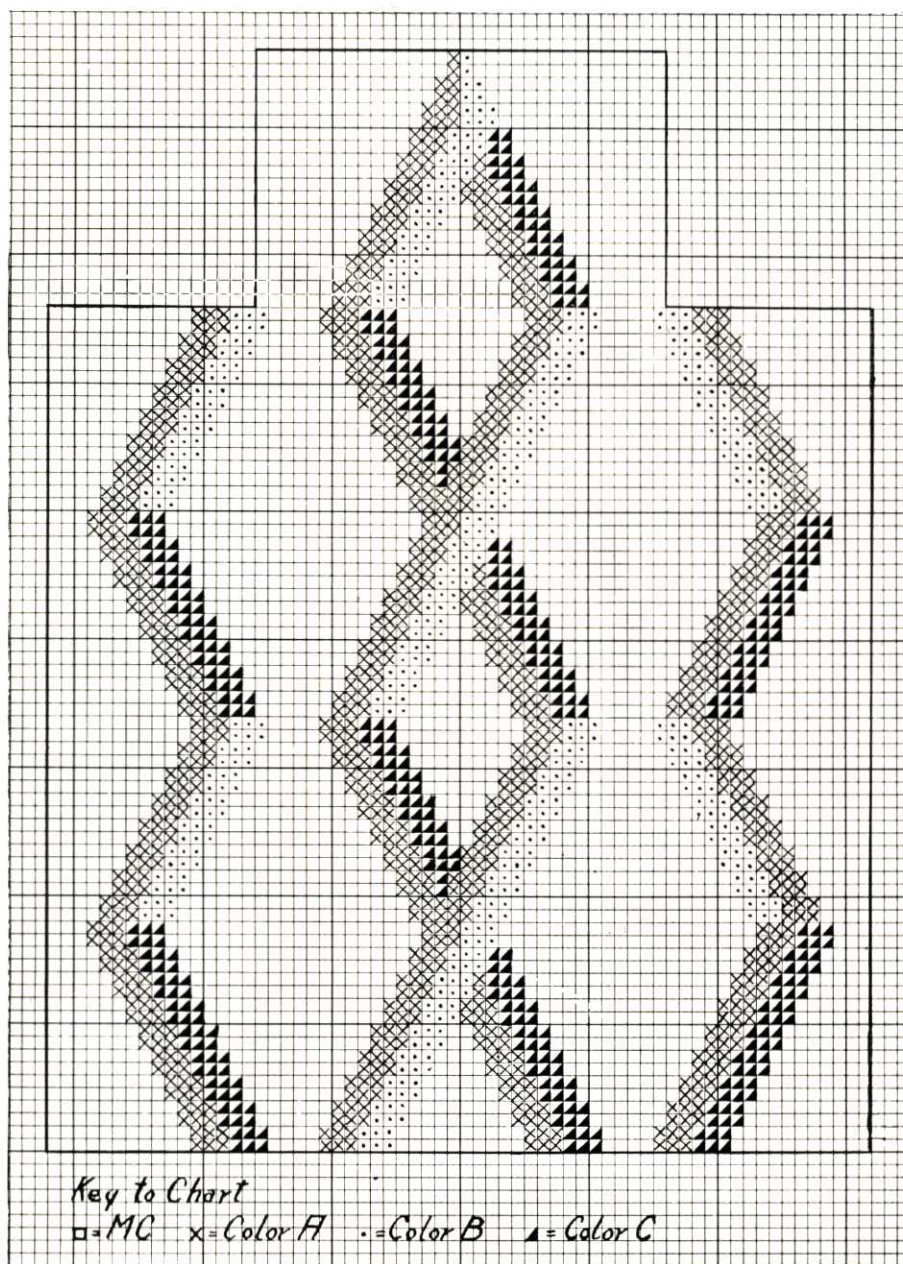
MATERIALS

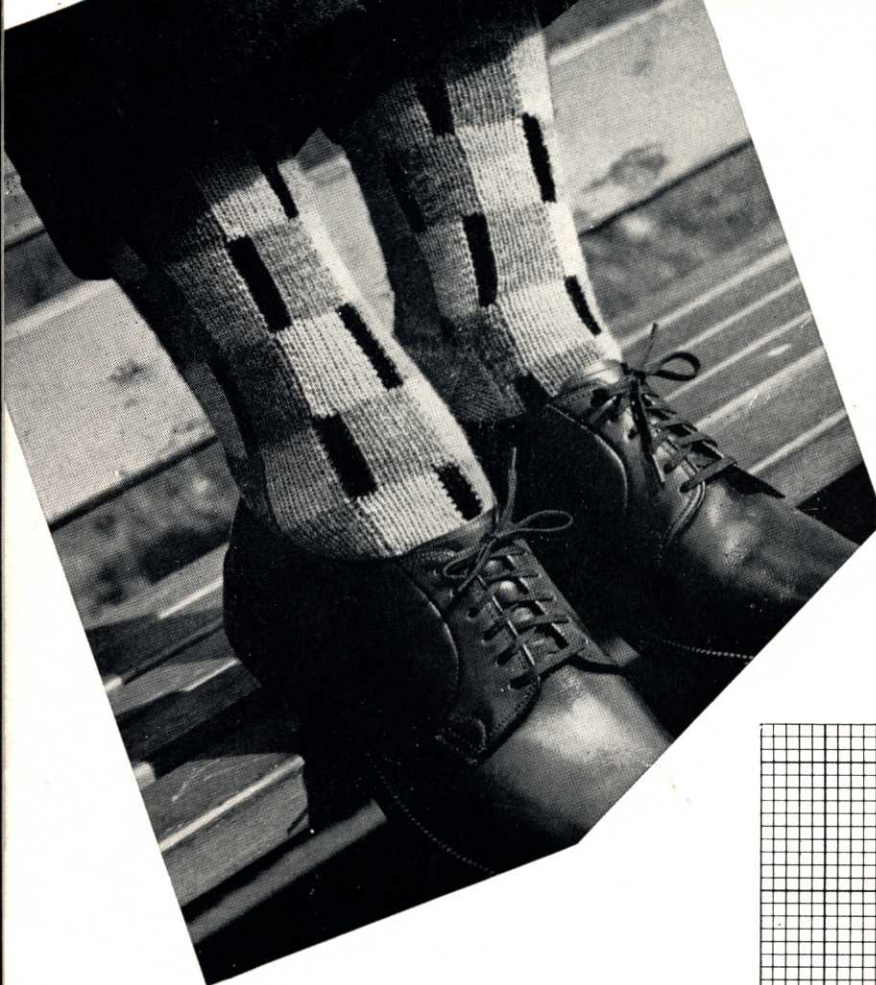
BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray Mix (M C)
BERNAT Bob-o-Meadowspun (20 yd
cards) — 3 Oxford (Color A); 1 each
Scarlet (Color B) and Black (Color C)
1 pair each straight knitting needles Nos. 1
and 2
1 set d p needles No. 2
Bobbins

GAUGE: 8 sts = 1 inch
12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3634

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
 — 2 Gray Mix (M C); 1 each Oxford
 (Color A) and Black (Color B)
 1 pair each straight knitting needles Nos.
 1 and 2
 1 set d p needles No. 2
 Bobbins

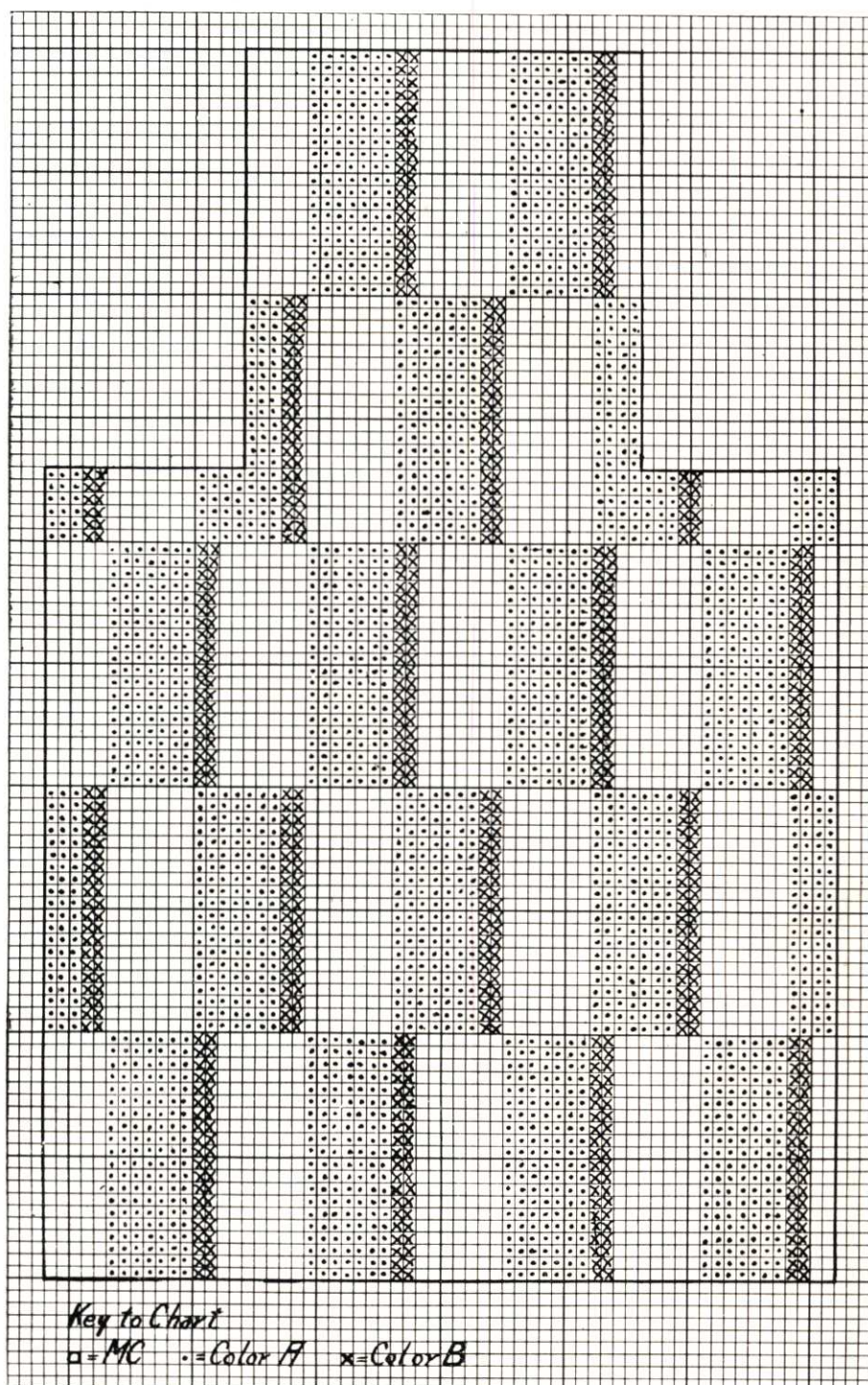
GAUGE: 8 sts = 1 inch
 12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

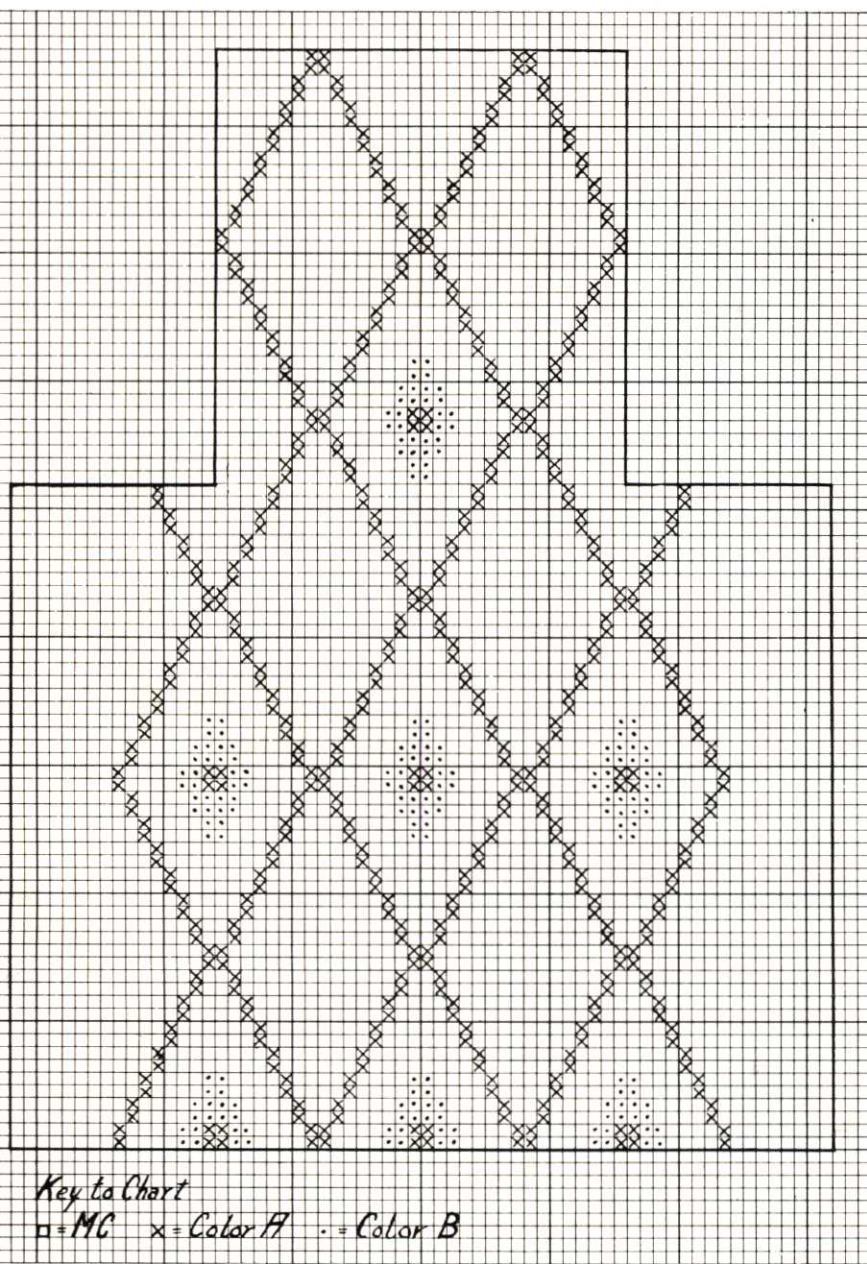
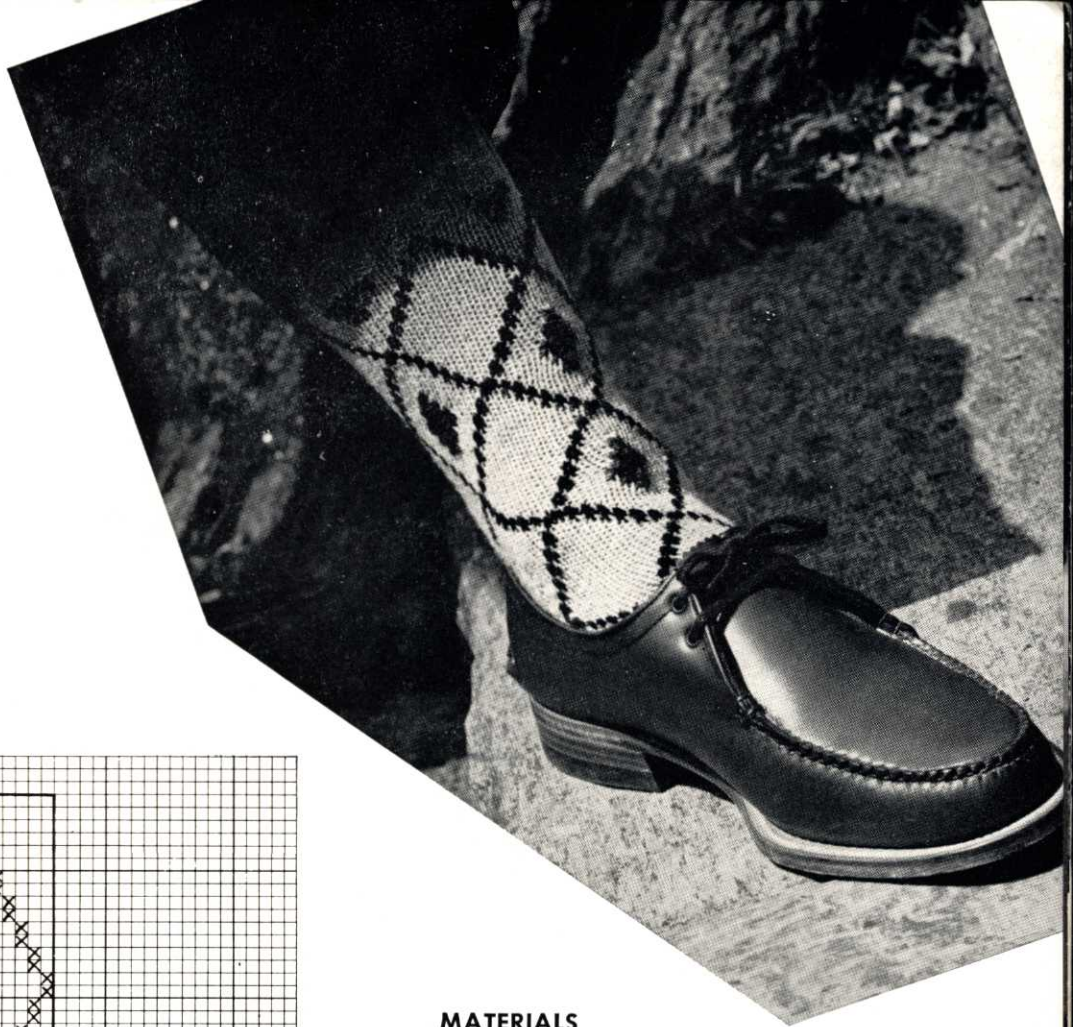
DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 66 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.

38

BERNAT HANDICRAFTER



Style No. 3656



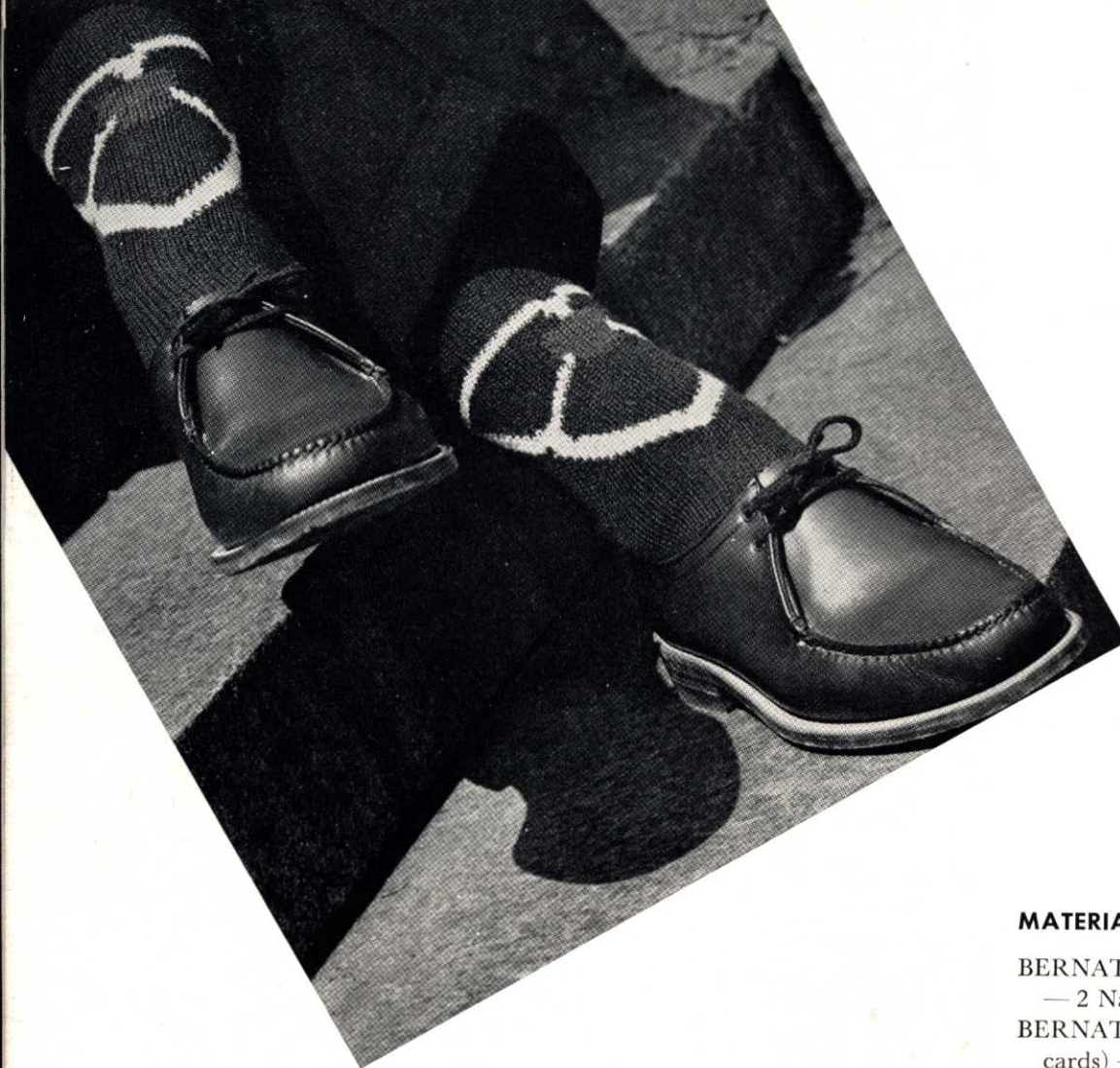
MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
3 Beige Mix (M C)
BERNAT Bob-o-Wool (20 yd cards) — 3
Brown (Color A); 1 Rust (Color B)
1 pair each straight knitting needles Nos. 1
and 2
1 set d p needles No. 2
Bobbins

GAUGE: 8 sts = 1 inch
12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and, following chart, work design in stockinette st until 52 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48, using Color A for toe.



Style No. 3666

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Navy (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 2 White (Color A) and 1 Scarlet (Color B)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

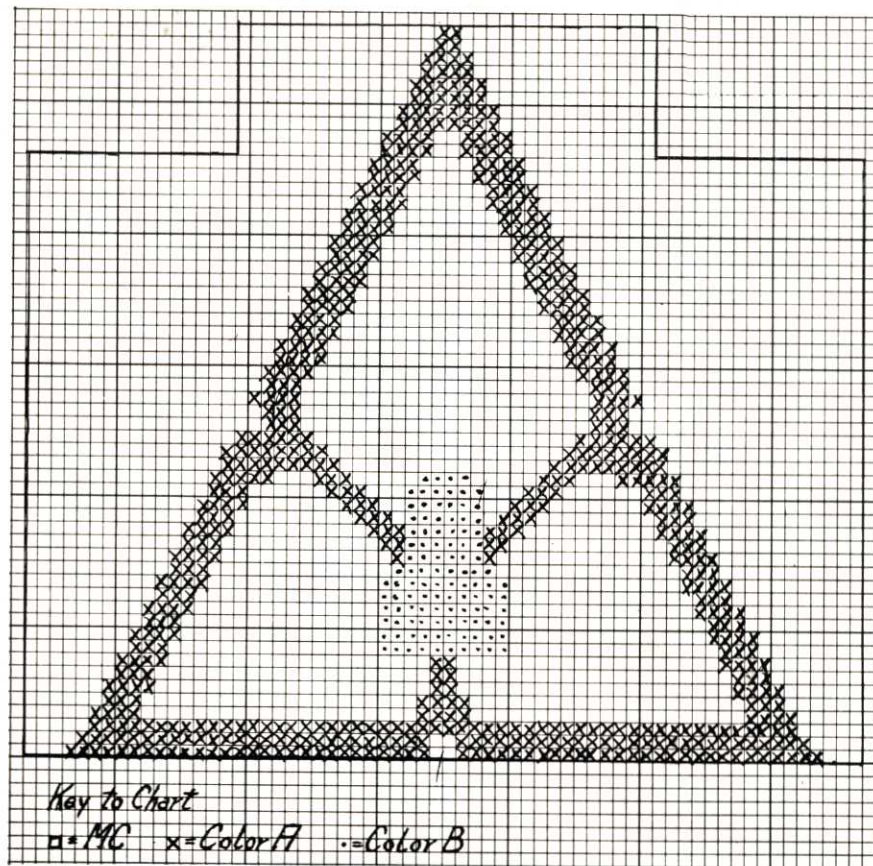
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work in M C stockinette st for 18 rows. Then, following chart, work design in stockinette st until 46 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern on 32 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 32 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, ending with a P row. Put these sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.



Style No. 3673

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 3 Beige Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd cards) — 1 each Pink (Color A), Black (Color B) and Wineglow (Color D)

BERNAT Angoramist (20 yd skeins) — 1 White (Color C)

1 pair each straight knitting needles Nos. 1 and 2

1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: **RIGHT SOCK:** Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2 inches. Change to No. 2 straight needles and work in M C stockinette st for 15 rows. On the next row P 36, put a marker on needle, P 20, put a marker on needle, P 8. Continue in stockinette st, following Chart A for design on the 20 sts between markers, until chart is completed. Then work in M C stockinette st for 12 rows. **HEEL AND FOOT:** Follow directions B on page 48. **LEFT SOCK:** Work to correspond to right sock until 15 rows of M C stockinette st are completed. On the next row P 8, put a marker on needle, P 20, put a marker on needle, P 36. Continue to work to correspond to right sock, following Chart B for design on the 20 sts between markers.



Chart A

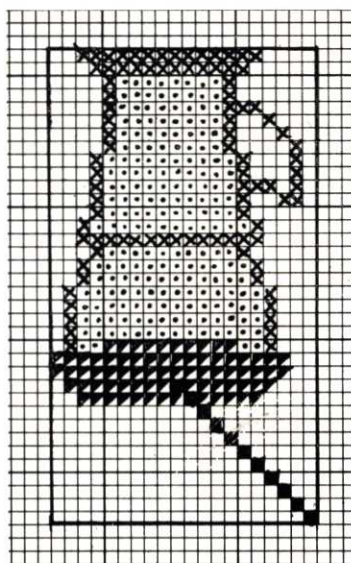
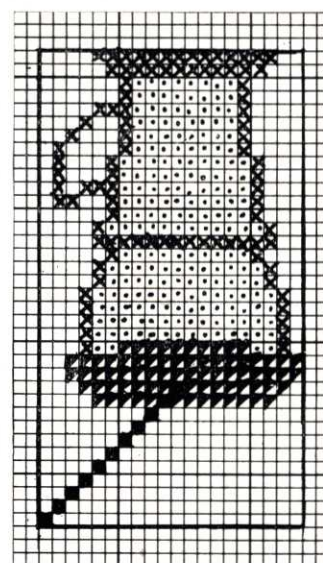


Chart B



Key to Chart

- = Color A
- X = Color B
- ▤ = Color C
- = Color D
- = MC



Style No. 4215

MATERIALS

BERNAT Meadowspun (1 oz. pull skeins) — 3
1 set each d p needles Nos. 1 and 2

GAUGE: 9 sts = 1 inch 12 rows = 1 inch on pattern stitch
8 sts = 1 inch 12 rows = 1 inch on stock-inette stitch

PATTERN STITCH

Rounds 1 through 4: * K 2, P 2, K 8, P 2, repeat from * to end of round.

Round 5: * K 2, P 2, sl next 2 sts on extra d p needle and hold in front of work, K next 2 sts, K 2 sts from d p needle, sl next 2 sts on extra d p needle and hold in back of work, K next 2 sts, K 2 sts from d p needle, P 2, repeat from * to end of round.

Rounds 6 through 10: Repeat Round 1.

Round 11: * K 2, P 2, sl next 2 sts on extra d p needle and hold in back of work, K next 2 sts, K 2 sts from d p needle, sl next 2 sts on extra d p needle and hold in front of work, K next 2 sts, K 2 sts from d p needle, P 2, repeat from * to end of round.

Round 12: Repeat Round 1.

Repeat these 12 rounds for pattern stitch.

DIRECTIONS: Using No. 1 needles, cast on 70 sts (24 sts on each of two needles, 22 sts on third needle). Join, being careful not to twist sts. K 2, P 2 in ribbing for 1 inch. Change to No. 2 needles and work in pattern st until piece measures 5 inches. **DIVIDE FOR HEEL AND INSTEP:** Starting at the beg of a round, K 2, put next 40 sts on a holder to be worked later for instep; turn and P 2 sts, then P remaining 28 sts — 30 sts on one needle for heel. **HEEL:** Row 1: * K 1, sl 1, repeat from * ending K 2. Row 2: Purl. Repeat these 2 rows for 2½ inches, ending with a P row. **TURN HEEL:** K 17, sl 1, K 1, psso, K 1, turn; sl 1, P 5, P 2 tog, P 1, turn; sl 1, K 6, sl 1, K 1, psso, K 1, turn; sl 1, P 7, P 2 tog, P 1, turn; sl 1, K 8, sl 1, K 1, psso, K 1, turn. Continue in this manner, working 1 st more each time, until all sts have been worked, ending with a P row — 18 sts on needle. Break off yarn. Join yarn at right top of heel piece and with right side facing you, pick up and K 18 sts along side of heel piece, K 9 sts of heel onto same needle; on another needle K remaining 9 sts of heel and pick up and K 18 sts along other side of heel piece; sl 40 sts of instep onto a needle and work in pattern across these sts; K 27 sts of first heel needle onto another needle. Work is now joined and each round will start at the centre of the heel. **SHAPE HEEL GUSSET:** Round 1: K to last 3 sts of first needle, K 2 tog, K 1; on second needle work in pattern st across instep sts; on third needle K 1, sl 1, K 1, psso, K to end of needle. Round 2: K all sts of first and third needles and work in pattern st on second needle. Repeat these 2 rounds until there are 15 sts on each heel needle. Then repeat Round 2 only until piece measures 2 inches less than desired finished length from centre back of heel. K the next round, dec 10 sts at even intervals on instep needle. **SHAPE TOE:** On first needle K to last 3 sts, K 2 tog, K 1; on second needle K 1, sl 1, K 1, psso, K to last 3 sts, K 2 tog, K 1; on third needle K 1, sl 1, K 1, psso, K to end of needle. Round 2: Knit. Repeat these 2 rounds until 5 sts remain on each heel needle, ending with first needle. Put all heel sts on one needle. Weave heel and instep sts tog. Block.

**Style
No.
3662**



MATERIALS

BERNAT Meadowspun (1 oz. pull skeins)
— 2 Gray Mix (M C)

BERNAT Bob-o-Meadowspun (20 yd
cards) — 1 each of Oxford (Color A)
and Scarlet (Color B)

1 pair each straight knitting needles Nos.
1 and 2

1 set d p needles No. 2

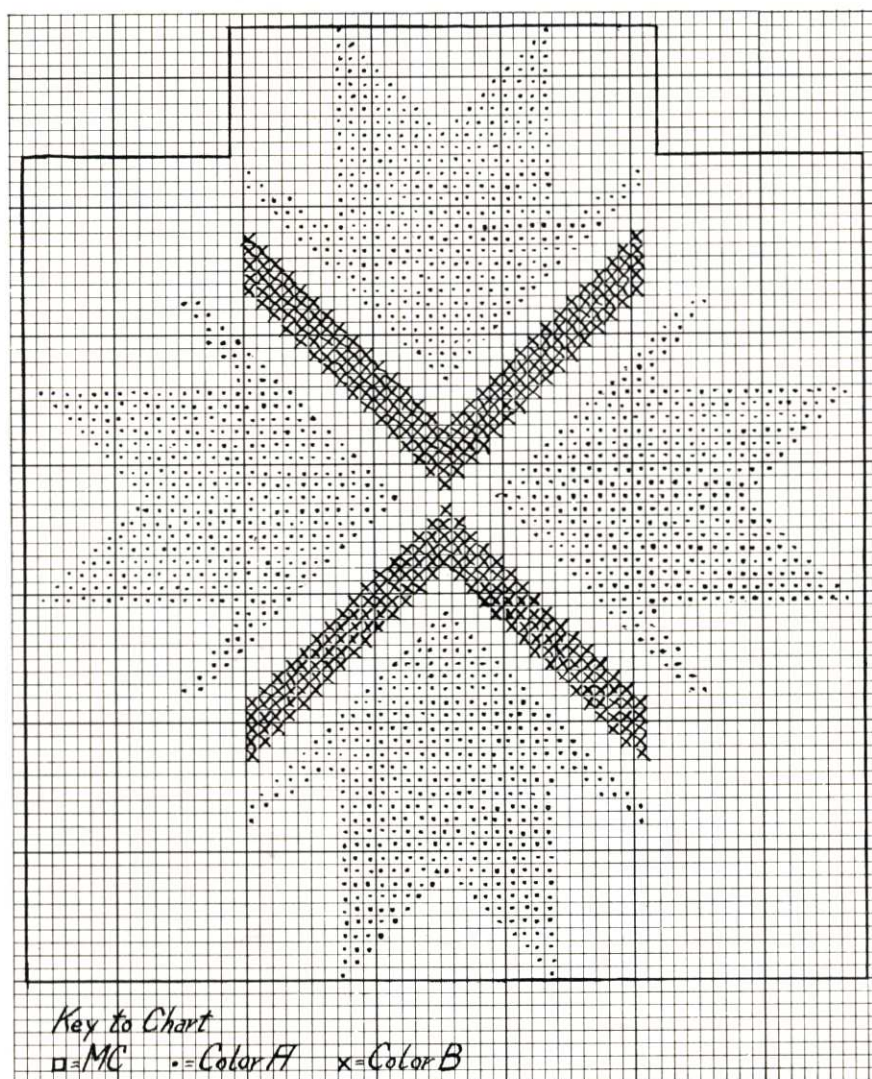
Bobbins

GAUGE: 8 sts = 1 inch

12 rows or rounds = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches, inc 1 st at end of last row. Change to No. 2 straight needles and, following chart, work design in stockinette st on 65 sts until 64 rows of chart have been completed. **INSTEP:** Using M C, work 16 sts and put these sts on a holder; work in pattern across 33 sts of instep piece; put last 16 sts on another holder. Continue in pattern on 33 sts of instep piece until chart is completed. Then work in M C stockinette st until instep piece measures 3 inches, dec 1 st at end of last row and ending with a P row. Put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.





Style No. 3487

MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
3 Gray Mix (M C)

BERNAT Bob-o-Wool (20 yd cards) —
1 each of Navy (Color A) and Red
(Color B)

1 pair each straight knitting needles Nos.
1 and 2

1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch
12 rows = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work as follows: Row 1: K 9, put a marker on needle, K 14, put a marker on needle, K 18, put a marker on needle, K 14, put a marker on needle, K 9. Row 2: Purl. On the next row, working in stockinette st and following chart, start design on each group of 14 sts between markers. Continue to work design on each group of 14 sts and keep all other sts in M C stockinette st until chart is completed. **HEEL AND FOOT:** Follow directions B on page 48, discontinuing design.

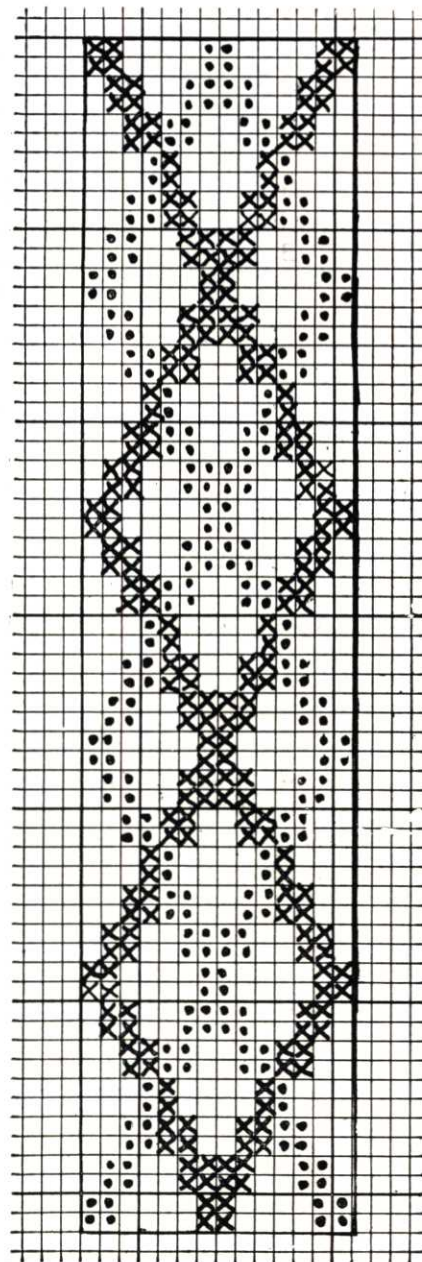


Chart Style No. 3487



Style No. 3486

MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
3 Brown (M C)

BERNAT Bob-o-Wool (20 yd cards) —
2 each of Yellow (Color A) and Green
(Color B)

1 pair each straight knitting needles Nos.
1 and 2

1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch

12 rows = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using M C and No. 2 straight needles, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and following chart, work design in stockinette st until 62 rows of chart have been completed. **INSTEP:** Using M C, work across 16 sts and put these sts on a holder; work in pattern across the next 32 sts; put last 16 sts on another holder. Continue in pattern on 32 sts of instep until chart is completed. Then P 1 row in M C and put these 32 sts on a holder. **HEEL AND FOOT:** Follow directions A on page 48.

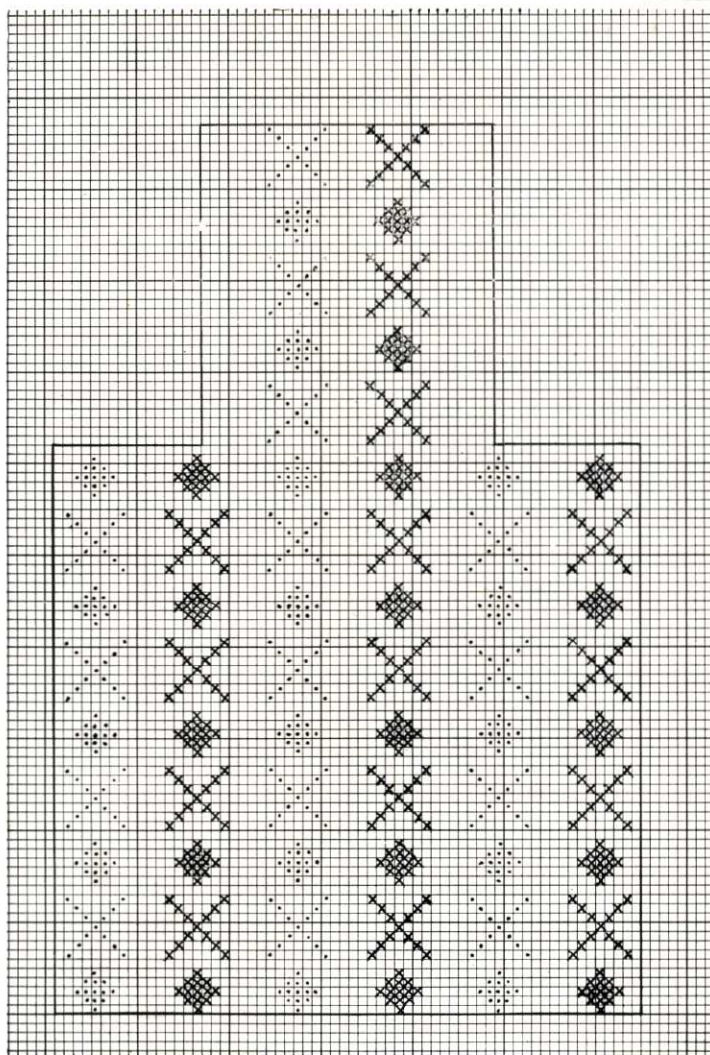


Chart Style No. 3486

□ = M C X = Color A • = Color B



Style No. 3482

MATERIALS

BERNAT Glenspun (1 oz. pull skeins) —
3 Beige Mix (M C)

BERNAT Bob-o-Wool (20 yd cards) —
1 each of Brown (Color A), Red (Color
B) and White (Color C)

1 pair each straight knitting needles Nos.
1 and 2

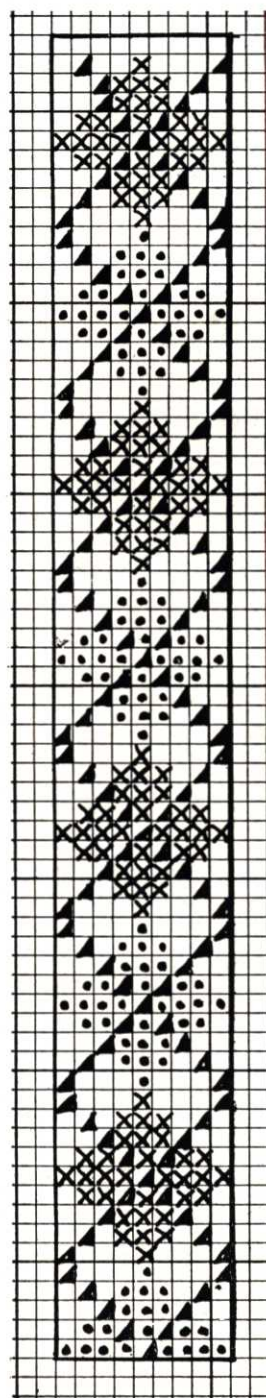
1 set d p needles No. 2

Bobbins

GAUGE: 8 sts = 1 inch
12 rows = 1 inch

NOTE: Use a bobbin for each color change.

DIRECTIONS: Using No. 2 straight needles and M C, cast on 64 sts. Change to No. 1 needles and K 2, P 2 in ribbing for 2½ inches. Change to No. 2 straight needles and work as follows: Row 1: K 11, put a marker on needle, K 9, put a marker on needle, K 24, put a marker on needle, K 9, put a marker on needle, K 11. Row 2: Purl. On the next row, working in stockinette st and following chart, start design on each group of 9 sts between markers. Continue to work design on each group of 9 sts and keep all other sts in M C stockinette st until chart is completed. **HEEL AND FOOT:** Follow directions B on page 48.



Key to Chart

- = Color A
- X = Color B
- = Color C
- = M C

Style No. 3491

MATERIALS

BERNAT Super Knitting Worsted (2 oz. skeins) — 2 when using only one color; 1 each of three different colors
BERNAT Bob-o-Wool (20 yd cards) — 1 each of three different colors for pompoms

1 set each d p needles Nos. 2 and 5

GAUGE: 5 sts = 1 inch 7 rows = 1 inch

NOTE: Use a different color for each cover or make different colored pompoms, so that clubs may be easily recognized.

DIRECTIONS: Using No. 5 needles, cast on 48 sts. Join, being careful not to twist sts. K 2, P 2 in ribbing for $3\frac{1}{2}$ inches. Change to No. 2 needles and * K 2 tog, P 2 tog, repeat from * around. K 1, P 1 in ribbing for $\frac{1}{2}$ inch. Change to No. 5 needles and inc 1 st in each st around. K 2, P 2 in ribbing until piece measures $8\frac{1}{2}$ inches. **SHAPE TOP:** * K 2 tog, P 2 tog, repeat from * around. K 1 round even. K 2 sts tog around. Break off, leaving an 8 inch end. Run end through all sts, drawing up tightly.

FINISHING: Make a small pompom and sew to top. Join covers tog with a ch st, if desired.

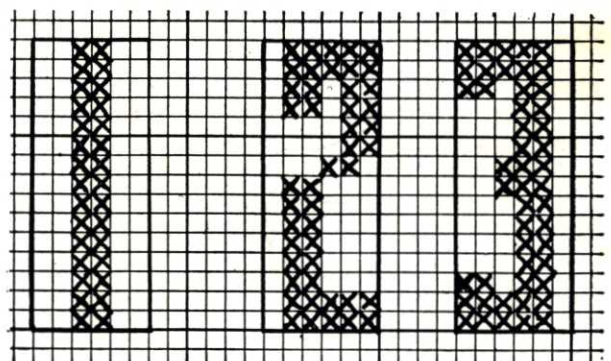
Style No. 3492

MATERIALS

BERNAT Super Knitting Worsted (2 oz. skeins) — 2 Main Color (M C); 1 Contrasting Color (C C)

1 set each d p needles Nos. 2 and 5

GAUGE: 5 sts = 1 inch 7 rows = 1 inch



KEY TO CHART
X = M C □ = C C

DIRECTIONS: Using No. 5 needles and M C, cast on 48 sts. Join, being careful not to twist sts. K 2, P 2 in ribbing for $3\frac{1}{2}$ inches. Change to No. 2 needles and * K 2 tog, P 2 tog, repeat from * around. K 1, P 1 in ribbing for $\frac{1}{2}$ inch. Change to No. 5 needles and inc 1 st in each st around. On the next round K 2, P 2, put a marker on needle, K 6, put a marker on needle, P 2, work in K 2, P 2 ribbing on remaining sts. Repeat this last round 4 times more. Continue in pattern as established and following chart, work number in C C on the 6 sts between markers, until chart is completed. Then K 2, P 2 in ribbing on all sts until piece measures $8\frac{1}{2}$ inches. **SHAPE TOP:** * K 2 tog, P 2 tog, repeat from * around. K 1 round even. K 2 sts tog around. Break off, leaving an 8 inch end. Run end through all sts, drawing up tightly.

FINISHING: Using C C, make a small pompon and sew to top. Join covers tog with a ch of M C, if desired.

SOCK DIRECTIONS

A. HEEL AND FOOT

Slip 16 sts on each side of heel from holders onto one d p needle, so that outer edges of sock are joined at centre of heel. With right side facing you, join M C. HEEL: Row 1: * K 1, sl 1, repeat from * ending K 2. Row 2: Purl. Repeat these 2 rows for $2\frac{1}{2}$ inches, ending with a P row. TURN HEEL: K 18, sl 1, K 1, pssso, K 1, turn; sl 1, P 5, P 2 tog, P 1, turn; sl 1, K 6, sl 1, K 1, pssso, K 1, turn; sl 1, P 7, P 2 tog, P 1, turn; sl 1, K 8, sl 1, K 1, pssso, K 1, turn. Continue in this manner, working 1 st more each time, until all sts have been worked, ending with a P row — 18 sts on needle. With right side facing you, join yarn at top of heel piece. Pick up and K 18 sts along side of heel piece; K 18 sts of heel onto same needle; pick up and K 18 sts along other side of heel piece (54 sts). SHAPE HEEL GUSSET: Row 1: Purl. Row 2: K 1, sl 1, K 1, pssso, K to last 3 sts, K 2 tog, K 1. Repeat these 2 rows until there are 32 sts on needle. Work even, if necessary, until heel section is same length as instep piece, ending with a K row. Stretch heel piece slightly so that it will fit snugly when seamed. FOOT: Slip the last 16 sts, just worked, from heel needle onto first d p needle; on second d p needle K across 32 instep sts; on third needle K remaining 16 sts from heel needle. Centre of heel is now at the beg of each round. Using M C, K round and round until foot measures 2 inches less than desired finished length from centre back of heel. SHAPE TOE: Round 1: On first needle K to last 3 sts, K 2 tog, K 1; on second needle K 1, sl 1, K 1, pssso, K to last 3 sts, K 2 tog, K 1; on third needle K 1, sl 1, K 1, pssso, K to end of needle. Round 2: Knit. Repeat these 2 rounds until there are 5 sts on each heel needle, ending with first needle. Put all heel sts onto one needle. Break off yarn, leaving a 12 inch end. Weave heel and instep sts tog. FINISHING: Seam back and sides of instep. Block.

B. HEEL AND FOOT

With right side facing you, K 16 sts onto a d p needle; K centre 32 sts onto another d p needle for instep; K last 16 sts onto a d p needle and then K 16 sts from other d p needle onto this same d p needle. This joins heel sts and centre back is at center of needle. HEEL: Work as follows on 32 sts of heel: Row 1: Purl. Row 2: * K 1, sl 1, repeat from * ending K 2. Repeat these 2 rows for $2\frac{1}{2}$ inches, ending with Row 2. TURN HEEL: P 18, P 2 tog, P 1, turn; sl 1, K 5, sl 1, K 1, pssso, K 1, turn; sl 1, P 6, P 2 tog, P 1, turn; sl 1, K 7, sl 1, K 1, pssso, K 1, turn; sl 1, P 8, P 2 tog, P 1, turn. Continue in this manner, working 1 st more each time, until all sts have been worked, ending with a K row — 18 sts on needle. Pick up and K 18 sts along side of heel piece; on second needle K across 32 sts of instep; on third needle pick up and K 18 sts along other side of heel piece and K 9 sts from heel onto this same needle. There are now 27 sts on each heel needle. Starting at centre of heel, SHAPE HEEL GUSSET: Round 1: On the first needle K to last 3 sts, K 2 tog, K 1; K across instep sts on second needle; on third needle K 1, sl 1, K 1, pssso, K to end of round. Round 2: Knit. Repeat these 2 rounds until there are 16 sts on both the first and third needles. FOOT: K round and round until foot measures 2 inches less than desired finished length, measuring from centre back of heel. SHAPE TOE: Round 1: On the first needle K to last 3 sts, K 2 tog, K 1; on second needle K 1, sl 1, K 1, pssso, K to last 3 sts, K 2 tog, K 1; on the third needle K 1, sl 1, K 1, pssso, K to end of needle. Round 2: Knit. Repeat these 2 rounds until there are 5 sts on each heel needle, ending with first needle. Put all heel sts onto one needle. Break off yarn, leaving a 12 inch end. Weave heel and instep sts tog. FINISHING: Sew back seam. Block.